

Team Manitoba 2026 - 2027

Criteria & Programming



Who is Team MANITOBA?

Pre Novice to Senior
All Disciplines

- * Train to Train
- * Train to Compete
- * Train to Win



What is the criteria?

Criteria as set out by Skate Canada for: SINGLES, PAIRS, DANCE, and SYNCHRO

Complete a Yearly Training Plan (YTP) and submit to the Technical Director

- deadline June 15th 2026

On Ice Training during the summer months for a minimum of 4 weeks including minimum of one summer competition

Achieve Qualifying Minimum Score (QMS) or Internal Qualifying Minimum Score (QMS)

***Qualifying Minimum Score as set out by Skate Canada**

*****NEW Qualifying Minimum Scores as set out by Skate Manitoba**



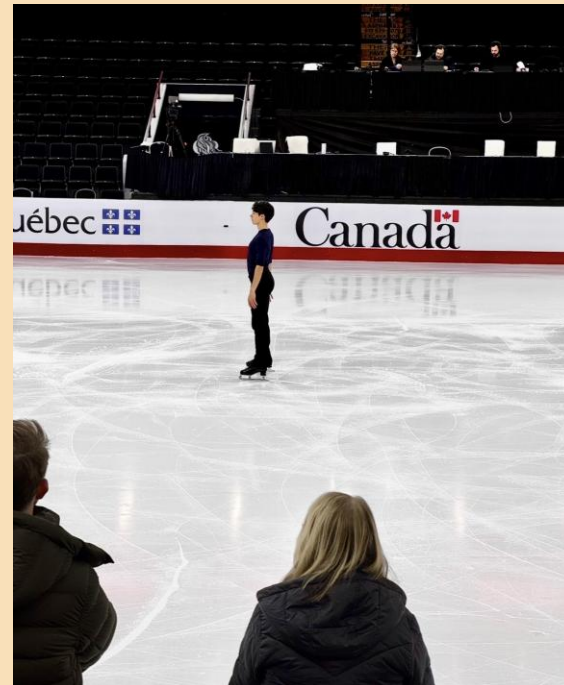
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Please note that the QMS is subject to change. We will use the current QMS as published on the Skate Canada website

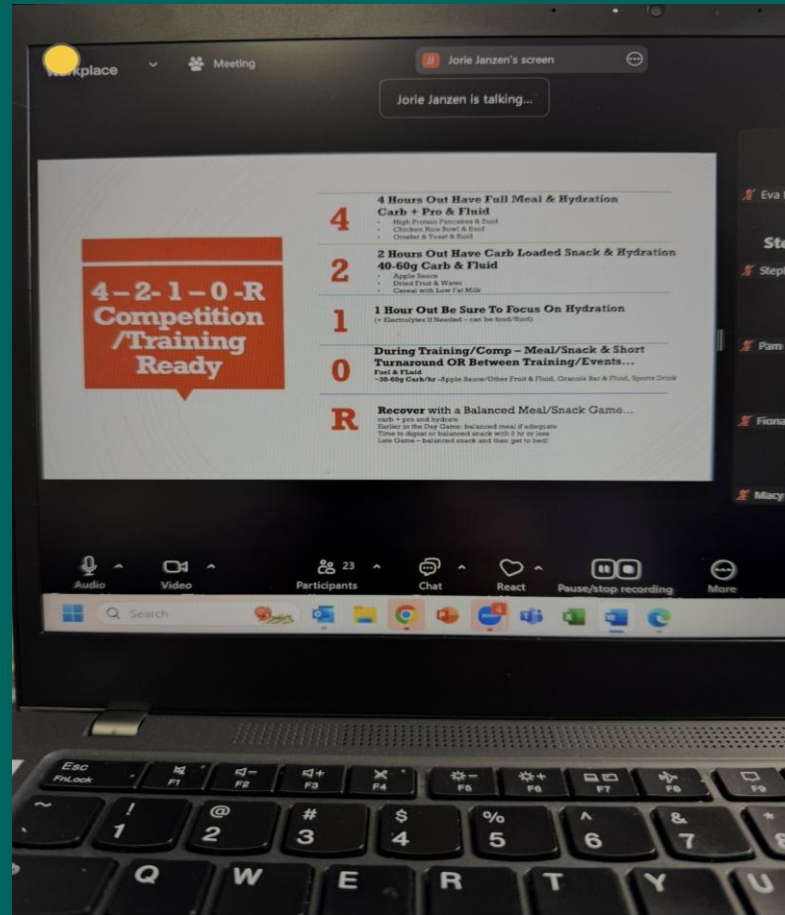
	Pre Novice	Pre Novice	Novice	Novice	Junior	Junior	Senior	Senior
	Skate Canada QMS	Skate MB Within 20% of QMS	Skate Canada QMS	Skate MB Within 15% of QMS	Skate Canada QMS	Skate MB Within 10% of QMS	Skate Canada QMS	Skate MB Must have QMS
Women	22	17.60	27.5	23.37	35.5	31.95	40	40
Men	19	15.20	26	22.10	35.5	31.95	44.5	44.5
Pairs	15	12.00	19	16.15	28	25.20	36	36
Dance	15	12.00	18	15.30	24	21.60	40	40

Team Manitoba 2026 - 2027

Programming



Virtual Sessions:



Our goal is to provide inclusive quality programming according to the LTD

Our presenters are some of the best in the world in their area of expertise.

May 4 -10		Sport Psych Intake forms – Team MANITOBA	-with Angie
May 13	7:00pm	Sharpen your pathway to success: Mental performance skills assessment and goal setting	-with Angie
May 23-	10:00am	Skating Skills	-with Yebin
May 27	7:00pm	Jump Class	-with Kevin
June 24	7:00pm	Jump Class	-with Kevin
June 27	10:00am	Skating Skills	-with Yebin
July 8	7:00pm	Optimizing your pre competition preparation and post competition analysis	-with Angie
July 21	7:00pm	Interruption Rules	-with Karen
July 22	7:00pm	Nutrition - Fueling for Practice & Competition	-with Jorie
Sept 2	7:00pm	Jump Theory	-with Kevin
Sept 16	7:00pm	Jump Class	-with Kevin
Sept 19	10:00am	Skating skills	-with Yebin
Sept 20	7:00pm	Integrating mindfulness and acceptance into training/ competition	-with Angie
Oct 7	7:00pm	Turning pressure into power performing your best at competition	-with Angie
Oct 18	7:00pm	Nutrition - Snacks	-with Jorie
March 17	7:00pm	Season Reflections	-with Angie

TRAINING OPPORTUNITIES:



TRAINING OPPORTUNITIES:



Off Ice with Pam Parker

1) Wednesday May 20th – Morden
5:30-7:30pm –ON Ice
7:35-8:05pm –OFF Ice Cooldown with Pam

Pam: National Coach

- 31+ years coaching; works with Morden Figure Skating Club and RINK Figure Skating Academy
- Coaches CanSkate, STARSkate, Competitive, and Synchronized Skating
- Coached at 6 MB Winter Games as well as Junior Nationals, Skate Canada Challenge, Skate Canada Trophy & Synchronized Skating Nationals
- Chair of Skate Manitoba Train to Train Committee; focuses on inclusive, athlete-centered development

TRAINING OPPORTUNITIES:



Off Ice with Gisele Sutherland

2) Saturday May 30th – Portage 9:00-9:45am – OFF Ice Warmup with Gisele
10:00am -12:00pm – ON Ice
12:05-12:20pm –OFF Ice Cooldown-
Gisele

Gisele: National In-Training Coach

- 45 years Coaching
- Coaching all disciplines and levels of Star Skate testing and competitive
- Coaching in the Portage Skating Club.
- Previously Pilates Instructor with strength and flexibility.
- Trainer with the Portage Terriers Junior Hockey Club
- Substitute teacher Portage School Division

TRAINING OPPORTUNITIES:



Off Ice with Laurie Bertholet

3) Saturday June 13th – Brandon Sportsplex

9:00am – 9:45am – OFF Ice JUMP

Warmup with Laurie

10:00am – 12:00pm – ON Ice

**12:10pm – 12:25pm – OFF Ice Cool down
with Laurie**

Laurie: National Certified Coach

- 40+ years experience
- Team coached competitive skaters from Pre-Juvenile to Junior
- coach/manager for Manitoba games 2014 & 2018 and Canada Games 2015 & 2019
- Team leader for challenge
- Mentored with Christy Kraull and Eric Shultz for 4 years (Colorado Springs World Training Center)

TRAINING OPPORTUNITIES:



Off Ice with Danae Russell

4) Wednesday June 17th – Southdale Arena Winnipeg 4:50pm to 5:20pm – OFF Ice Warmup & Flexibility with Danae
5:30 – 7:30pm – ON Ice

Danae: Provincial Certified Coach

- 6 times Provincial Champion
- Competed at Skate Canada Challenge 7 years in a row
- Started coaching in 2017
- Specializes in jumps, spins and choreography with off ice classes for her skaters in person and/or zoom 3x/week
- Nurse at HSC Children's Hospital

Training Opportunities

5.) Tuesday June 23rd

7 Oaks Arena

Winnipeg

5:30pm – 7:30pm

**SIMULATIONS – for
Judges feedback**



Training Opportunities – Registration and Fees



****Training Opportunities are included in Team MANITOBA fees, as well as no charge for eligible CWG Athletes. However, you still need to sign up for the ones you plan to attend to reserve your spot.**

Please sign up no later than April 12th.

*****On Monday April 13th it will open to current Team TOBA Athletes and Juvenile/ STAR 8 and Up who would like a - 5 pack – All 5 opportunities for \$100.00**

*****On Monday April 20th - 3 pack – select 3 opportunities for \$75.00**

*****Open Friday April 24th – if spots are remaining, open to anyone who would like one session only for \$40.00 until FULL (Simulations on June 23rd Not included to purchase separately)**



Out of Province Competition support

(Excluding MB and SK)

Submit your competition registration fee,
and you will be reimbursed up to \$325.00

Must be between July 1st 2025 and October 23rd 2026



**Team Project: at Skate Canada
Junior & Senior Challenge on
Saturday Nov.28th in Winnipeg**





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Teamwear:

**cost share –
Lululemon warm up jacket**



**Team
MANITOBA**

**We're stronger
together- come be
a part of it!**

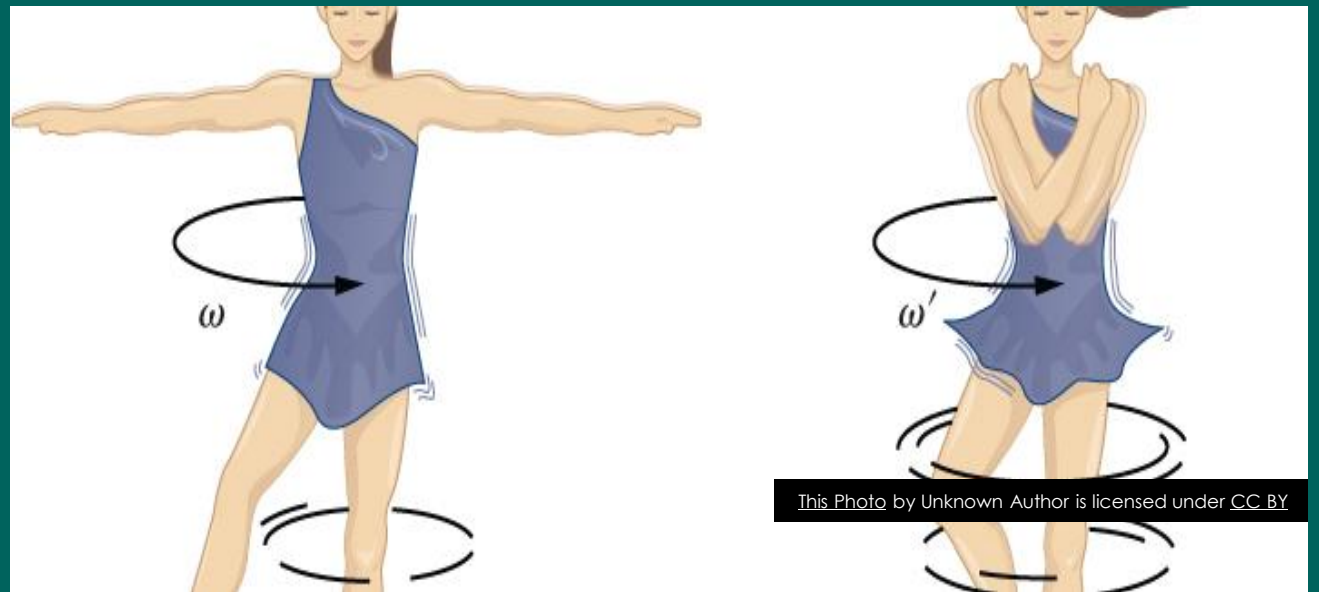


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**Additional
Opportunities being
offered:**

**by the Train-to-Train
Committee**



Technical Development Camp



With **World Coach**
KEEGAN MURPHY

Our TRAIN-to-TRAIN
Committee is thrilled to be
offing this amazing
opportunity on

April 18th & 19th , 2026

In **MORDEN**

- REGISTER NOW!



Joining Keegan - Senior Guest Skaters:

Davey Howes



Amy Shao Ning Yang



Train to Train Workshops:

Saturday May 9 & Saturday June 6
8:45am to 12:45pm
Portage la Prairie



Open NOW to Team MANITOBA and Eligible CWG Athletes (who have submitted their intent)

Only those who are [signing up for both workshops](#) can register at this time
** Cost is \$80.00 for Both

Please register before April 12th

On Monday April 13th registration will open to current Team TOBA Athletes and Juvenile / STAR 8 and Up who are [signing up for both workshops](#)

On Monday April 20th , if spots are remaining, it will open to Pre Juvenile/STAR 5 and Up, as well as anyone wanting to sign up for one workshop only

JUMP
Focus
Workshop

**With World
Coach KEVIN
DAWE**

and

**Junior World
Champion
YOHNATAN
ELIZAROV**



Saturday May 9th

8:45am to 12:45pm

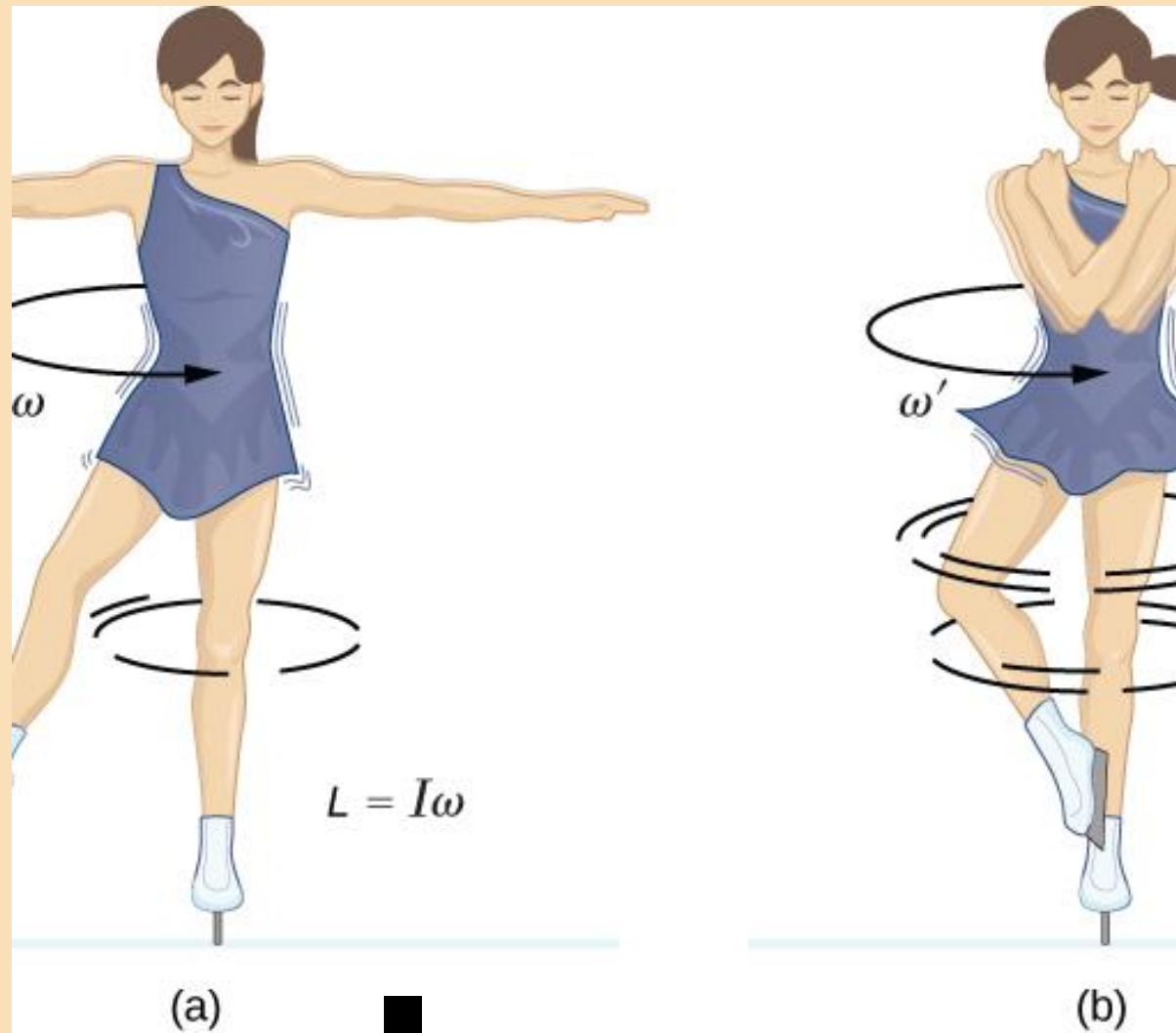
Portage la Prairie

**-will include OFF
and ON Ice
sessions**

SPIN Focus Workshop

with our very own
Dana McKee and
Deidre Sherk

Saturday June 6th
8:45am to 12:30pm in
Portage la Prairie
– will include OFF and
ON Ice sessions



**We are thrilled to announce:
Skate MANITOBA SUMMER Open**

- **When: July 25-26, 2026**
 - **Where: Stride Place, Portage la Prairie, MB**
 - **Who: Podium Pathway**
- Registration Opens: May 26, 2026
(Pre-Juvenile to Senior)**

**Based on availability Registration
Opens: June 2, 2026 (Star 2 to
Gold)**

**Registration Closes: June 16,
2026**



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SKATE MANITOBA TECHNICAL ACHIEVEMENT REWARD

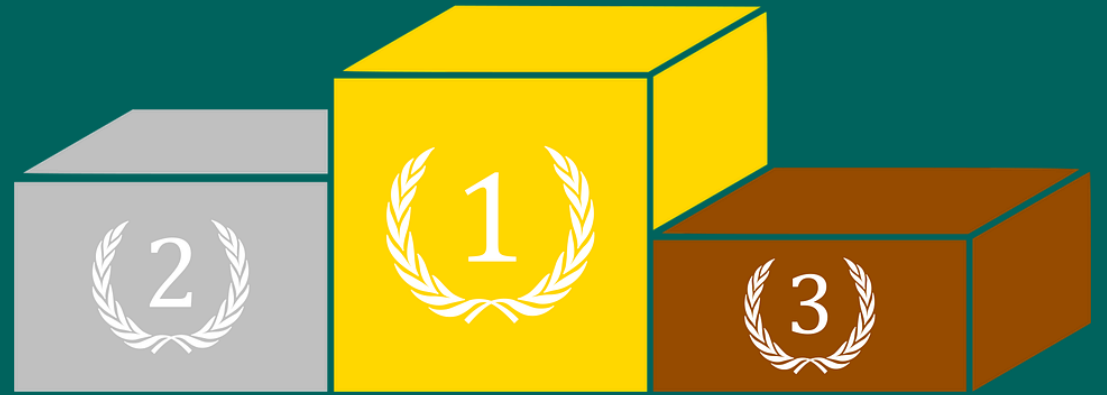
The Technical Achievement Reward is set up to reward skaters for successfully completing difficult jumps in competition. To receive the Technical Achievement Reward, the following requirements must be satisfied: 1.) The jump must be identified by a Technical Panel at a competition. 2.) The jump must be landed on one foot. 3.) The jump must be fully rotated. If << downgrade, < under-rotated, q quarter under or a reduction of -4 by majority of the judging panel then the jump will not be eligible for the reward. The Skater's report card verifying the successful jump, must be submitted to the Technical Director skate.td@sportmanitoba.ca. A running report will be kept, and a total earned will be calculated by March 31 each season. The Technical Achievement Reward will be handed out at the Skate Manitoba Awards Celebration. The money will be awarded based on age of the skater. Skater age will be calculated as of July 1st of the current Skate Canada season. The skater will only receive credit once for each successful jump.

Skate Manitoba Technical Achievement Reward

Category	2A	3S	3T	3Lo	3F	3Lz
11 and Under	\$300.	\$400.	\$400.	\$450.	\$500.	\$500.
12 and Under	\$225.	\$300.	\$300.	\$350.	\$400.	\$400.
14 and Under	\$150.	\$225.	\$225.	\$275.	\$325.	\$325.
15 and Under	\$75.	\$150.	\$150.	\$200.	\$250.	\$250.
16 and under	\$25.	\$75.	\$75.	\$150.	\$200.	\$200.
18 and under	N/A	\$50.	\$50.	\$100.	\$150.	\$150.

NEW!!

PODIUM & STAR SERIES



- Skaters will sign up for this recognition and submit their scores to the Technical Director. These scores will be posted on our website. The top Skater in each category will be REWARDED with a Training Grant to be awarded at the Skate Manitoba Awards Gala.
- The Podium Pathway will be All gender and recognize the top 2 in Pre Novice, Novice, Junior and Senior. 1st place receiving \$150.00 and 2nd receiving \$100.00 Training Grants.

PODIUM & STAR SERIES COMPETITIONS:

PODIUM PATHWAY:

Events between July 1st ,2026 and March 31st ,2027

Podium Pathway – minimum # of Competitions is 4

- Skate Manitoba Summer Skate July 25-26
- Wild Rose July 31-August 2
- BC Summer skate August 13-16
- SASK Skate Oct.2-4
- Skate Manitoba Fall Open Oct 24-25
- Junior and Senior Challenge Nov. 25-29
- Pre Novice & Novice Sectionals Dec. 5-6
- Skate Canada Trophy Feb 4-7
- Canada Winter Games March 7-14
- Provincials March 12-14



STAR:

Events between July 1st ,2026 and March 31st ,2027

STAR – minimum # of Competitions is 3

- Skate Manitoba Summer Skate July 25-26
- SASK Skate Oct.2-4
- Skate Manitoba Fall Open Oct 24-25
- Gordon Linney Open – Dec. 5-6
- Virden fun Skate Jan.
- Winter blast Feb. 12-14
- Provincials March 12-14

QUESTIONS...



COMMENTS...



