## WHAT IS AN ALL STAR SEMINAR?

An All STAR Seminar is a regionally-based, one-day seminar that will cover the basic skills required for all STARSkate athletes — warm-up, skating skills, transitions and field moves, and correct technique. Skaters take part in on and off— ice activities and have a lot of fun! This seminar gives skaters a chance to get to know one another in a fun and friendly environment. Skaters are given the opportunity to learn new skills, have information presented in a new or different manner, and enjoy a positive learning experience.

## WHO ARE ALL STAR SEMINARS DESIGNED FOR?

All STAR Seminars are designed for skaters from the Learn to Train, Learn to Compete and Active For Life LTAD levels.

## WHAT ABOUT THE COACHES IN YOUR REGION?

The host committee and clubs should encourage the coaches in their region to attend. This has many benefits for both the coach and the skater. Coaches and skaters working together will help everyone get the most out of this experience.

## WHO LEADS THE ALL STAR SEMINARS?

Skate Canada Manitoba (SCMB)'s STARSkate Committee will provide a qualified Skate Canada Manitoba All STAR Clinician selected from a team of trained Skate Canada Manitoba All STAR Clinicians. **The name and contact information of the assigned clinician will be provided to the Regional Director no later than August 1**st. If possible, a member of Skate Canada Manitoba's High Performance team will assist the on ice clinician for the day. The Clinician will look after arranging with the High Performance Team Member. It is up to the Host Committee to contact the Clinician directly upon receiving of the name.

#### WHERE ARE ALL STAR SEMINARS HELD?

Each Region in the Manitoba Section is expected to host an All STAR Seminar in their Region. Each Region is responsible for choosing a location within their Region.

## WHO PAYS FOR THE ALL STAR SEMINAR?

#### **Skate Canada Manitoba:**

Clinician fees – based on the NCCP certification level of the Clinician and experience. The fees will follow Skate Canada's suggested rates.

# **Host Region:**

- ✓ Off-ice Clinician fees
- ✓ Cost of the facility
- ✓ Clinician travel expenses
- ✓ Lunch and snacks
- ✓ Clinician hotel accommodations (if necessary)

- ✓ Clinician and High Performance team member meals
- ✓ Travel expenses and accommodation (if necessary) for the High Performance Team member
- ✓ A \$50.00 honorarium to the High Performance Team member
- Any other expenses incurred while hosting the seminar will be the responsibility of the Host.

Regions will be able to charge a registration fee for the seminar to help cover any expenses that may be incurred. This fee is usually between \$30.00 and \$50.00.

## WHAT CRITERION MUST BE MET?

Each region is required to host an All STAR Seminar regardless of the number of skaters registered. There is no minimum or maximum number of skaters needed to hold the seminar.

Regional Directors are asked to contact the Skate Canada Manitoba, Program Coordinator/Program and Events Facilitator (<a href="mailto:skate.pc@sportmanitoba.ca">skate.pc@sportmanitoba.ca</a>) no later than June 30<sup>th</sup> with the following information:

- Host Club for the Seminar and contact information
- Location of the Seminar
- Date of the Seminar if multiple dates are available, please supply in order to accommodate multiple events.

A sample schedule of the Seminar is included in the Templates section of the Guidelines.

The Region will be responsible for confirming details with the clinicians, conducting registration, and providing a facility for on and off ice classes. Regions are encouraged to provide lunch and snacks for the skaters and clinicians. Three or four on site volunteers will be required for the day.

## WHEN ARE ALL STAR SEMINARS HELD?

All STAR Seminars may be held between late October and early December. Regional Directors will notify the Skate Canada Manitoba Program Coordinator/Program and Events Facilitator of seminar dates and locations **no later than June 30**<sup>th</sup>. Due to Clinician availability, there will be no more than two Seminars held on any particular day. Host clubs are strongly encouraged to have 2 dates selected to assist in the planning and assigning of the Clinician. In the case of conflict, priority will be given to those who submit their date first. The Program Coordinator/Program and Events Facilitator will work with the team of Clinicians to assign clinicians to all dates. These dates will be assigned **no later than August 1**st.