



SKATECANADA
MANITOBA

***2018 Skate Canada Manitoba
Interlake Regional
STARSkate Competition
STAR 5+ EAST***

February 3-4, 2018
Gimli, MB

Hosted by Skate Interlake

Sanctioned by Skate Canada

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2018 Skate Canada Manitoba
Interlake Regional STARSkate Championships



*Hosted by Skate Interlake at the Gimli Recreation Centre in Gimli, MB
February 3-4, 2018*

GENERAL INFORMATION

This competition, the Interlake Regional STARSkate Championship, is a required event to qualify to compete at the Skate Canada Manitoba STARSkate Championship and will be conducted in accordance with the Skate Canada Rule Book. If not stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rule Book.

Registration must be received with payment by Thursday December 28, 2017.

Date February 3-4, 2018

Host Skate Interlake

Venue *Gimli Recreation Centre
45 Centennial Rd, Gimli, MB ROC 1B0
204-642-6670*

Ice Surface 85' x 200'

Hotels

Lakeview Resort & Conference Centre
10 Centre St, Gimli, MB ROC 1B0
204-642-8565
Rate: \$109.00 plus taxes

LOC Chair

Theresa Dankochik
dankochik@gmail.com

Sue Steinmetz
steinmetz@mymts.net

Competition #: 204-641-3894

Chief Referee

Karren Antymniuk/Sarah Isleifson
204-794-7433 (Karren)
karrena@mymts.net

PRE-JUVENILE AND JUVENILE

This is a clarification of skaters for Pre-Juvenile and Juvenile levels being able to cross over into STAR categories for competition purposes.

Skate Canada has no rule stating that Pre-Juvenile and Juvenile skaters must stay in these categories for the duration of a season. Skate Canada encourages developmental opportunities for all athletes. Skaters at this level of development have the freedom to move from Pre-Juvenile and/or Juvenile to STAR categories at any point during the season. Likewise, the STAR athletes have the same opportunity to try Pre-Juvenile and/or Juvenile categories at any point during the season. Skaters at any level of competition will need to meet the age and test requirements indicated for the level they intend to compete.

EVENTS TO BE HELD

STARSkate Free Skate Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below. Skater's may compete in one short program (Star 7 & 9) and one long program (Star 5, 6, 8, 10 & Gold)

1. STAR 1
 - a. TEST: May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.
 - b. AGE: No age restrictions. May be grouped by age.
2. STAR 2
 - a. TEST: May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.
 - b. AGE: No age restrictions. May be grouped by age.
3. STAR 3
 - a. TEST: May not have passed any part of the Senior Bronze Free (STAR 6) Free Skate Test.
 - AGE: No age restrictions. May be grouped by age.
4. STAR 4
 - a. TEST: May not have passed any part of the Senior Bronze (STAR 6) Free Skate Test.
 - b. AGE: STAR 4 competitors shall be grouped in three age categories as follows:
 - i. U10: under the age of 10 before July 1 preceding the event.
 - ii. U13: under the age of 13 before July 1 preceding the event.
 - iii. 13&O: thirteen and over as of July 1 preceding the event.
5. 5. STAR 5
 - a. TEST: May not have passed any part of the Junior Silver (STAR 8) Free Skate Test.
 - b. AGE: STAR 5 competitors shall be grouped in three age categories as follows:
 - i. U10: under the age of 10 before July 1 preceding the event.
 - ii. U13: under the age of 13 before July 1 preceding the event.
 - iii. 13&O: thirteen and over as of July 1 preceding the event.
6. STAR 6 (previously Senior Bronze)
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.
7. STAR 7 – **(SHORT PROGRAM)**
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.
8. STAR 8 (previously Junior Silver)
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.

9. STAR 9 – (**SHORT PROGRAM**)
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.
10. STAR 10 (previously Senior Silver)
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.
11. GOLD
 - a. TEST: May have passed the STAR 5 (Junior Bronze) Free Skate test.
 - b. AGE: Skaters may be grouped by age if numbers warrant.

Dance Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

PATTERN DANCE (Couples):

Dance teams may be composed of two females, one female and one male, or two males. Competitor may enter only one pattern dance event.

1. STAR 2/STAR 3*
 - a. Test Prerequisite: None
2. STAR 4/STAR 5 (Junior Bronze)
 - a. TEST: At least one partner must have passed the complete Junior Bronze Dance test (STAR 5) and not the complete Senior Bronze Dance test.
3. STAR 6/STAR 7 (Senior Bronze)
 - a. TEST: At least one partner must have passed the complete Senior Bronze Dance test and not the complete Junior Silver Dance test.
4. STAR 8/STAR 9 (Junior Silver)
 - a. TEST: At least one partner must have passed the complete Junior Silver Dance test and not the complete Senior Silver Dance test.
5. STAR 10
 - a. TEST: At least one partner must have passed the complete Senior Silver Dance test and not the complete Gold Dance test.
6. GOLD
 - a. TEST: At least one partner must have passed the complete Gold Dance test and not the complete Diamond Dance test.

*STAR2/STAR 3 dance events will be assessed to standard.

The number of dance sequences (patterns) to be completed is consistent with the evaluated test requirements.

Pair Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

Composition of Partners: The pair must be comprised of a female and a male.

1. OPEN PAIR
 - a. Each partner must have passed at least the STAR 5 (Junior Bronze) Free Skate test. There are no other restrictions. One free program of 2:30 minutes in length (+/- 10 seconds).

Note: At the discretion of the organizing committee, the event categories may be further divided based on the number of entries and test levels.

Element Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

Program requirements & Event procedures

Element events consist of progressive levels beginning at STAR 2 up to Gold. STAR 2 and 3 will be conducted in an Assessment to Standard format. STAR 4 and higher events will be conducted in an Assessment to Standard with ranking format. Entry for Element events is consistent with Free Skate events and skaters may skate up one level if they choose.

- Each skater will perform 4 elements in isolation in the order listed for their level of competition.
- **Skaters will skate each element individually similar to the Team Element event. All skaters will complete Element #1 before skating element # 2, and so on.**
- Each element may only be attempted once.
- STAR 2 to Senior Bronze events will use half-ice to perform their elements. Junior Silver to Gold events will use full ice.
- All spin elements will be assessed as Base Level regardless of content.

1. STAR 2
2. STAR 3
3. STAR 4
4. STAR 5
5. STAR 6 (Senior Bronze)
6. STAR 7/8 (Junior Silver)
7. STAR 9/10 (Senior Silver)
8. GOLD
9. OPEN ** (Senior Bronze or higher) – This category may be used if there are not sufficient numbers to run Senior Bronze and above categories.

CanSkate Element Event

All event technical requirements can be found in Skate Canada's [CanSkate Element Event Technical Package](#), unless otherwise listed below. Skaters have the option of skating up one stage with the approval from a Skate Canada Coach.

1. STAGE 1
 - a. Skaters must not have passed the complete Stage 1 badge.
2. STAGE 2
 - a. Skaters must have passed the complete Stage 1 badge, but not the complete Stage 2 badge.
3. STAGE 3
 - a. Skaters must have passed the complete Stage 2 badge, but not the complete Stage 3 badge.
4. STAGE 4
 - a. Skaters must have passed the complete Stage 3 badge, but not the complete Stage 4 badge.
5. STAGE 5

- a. Skaters must have passed the complete Stage 4 badge, but not the complete Stage 5 badge.
6. STAGE 6
 - a. Skaters must have passed the complete Stage 5 badge, but not the complete Stage 6 badge.

Team Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

1. STAR 2
2. STAR 3
3. STAR 4
4. STAR 5
5. STAR 6 (Senior Bronze)
6. STAR 7/8 (Junior Silver)
7. STAR 9 (Senior Silver)
8. GOLD
9. OPEN ** (Senior Bronze or higher) - This category may be used if there are not sufficient numbers to run Senior Bronze and above categories.

Interpretive Events

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

1. PRE-INTRODUCTORY INTERPRETIVE SINGLES
 - a. TEST: Not passed any Skate Canada Interpretive test.
2. INTRODUCTORY INTERPRETIVE SINGLES
 - a. TEST: May have passed the Introductory Interpretive test but no higher.
3. BRONZE INTERPRETIVE SINGLES
 - a. TEST: May have passed the Bronze Interpretive test but no higher.
4. SILVER INTERPRETIVE SINGLES
 - a. TEST: May have passed the Silver Interpretive test but no higher.
5. GOLD INTERPRETIVE SINGLES
 - a. TEST: May have passed the Gold Interpretive test.

Creative Improv

All event technical requirements can be found in Skate Canada's [2017-2018 STAR Competition Technical Program Requirements](#), unless otherwise listed below.

1. CREATIVE IMPROV 1
 - a. Skaters may have passed the complete Preliminary or STAR 3 Free Skate test but no higher complete test.
2. CREATIVE IMPROV 2
 - a. Skaters may have passed the complete Junior Bronze or STAR 5 Free Skate but no higher than the complete Senior Bronze Free Skate test.
3. CREATIVE IMPROV 3
 - a. Skaters may have passed the complete Senior Bronze Free Skate test but no higher than the complete Junior Silver Free Skate test.

4. CREATIVE IMPROV 4
 - a. Skaters may have passed the complete Junior Silver Free Skate test or higher.

Adult Free Skate Events

All event technical requirements can be found in Skate Canada's [2017-2018 AdultSkate Technical Program Requirements](#), unless otherwise listed below.

CATEGORY REQUIREMENTS: Skaters are expected to enter the appropriate category based on the technical program requirements. It is expected that skaters will skate to their ability.

1. ADULT INTRO OPEN FREE SKATING
2. ADULT BRONZE FREE SKATING
3. ADULT SILVER FREE SKATING
4. ADULT GOLD FREE SKATING
5. ADULT MASTERS FREE SKATING
6. ADULT MASTERS ELITE FREE SKATING

Adult Interpretive Events

All event technical requirements can be found in Skate Canada's [2017-2018 AdultSkate Technical Program Requirements](#), unless otherwise listed below.

1. INTRODUCTORY: For skaters approximately at the Intro Open Free Skating category level.
2. BRONZE: For skaters approximately at the Bronze Free Skating level.
3. SILVER: For skaters approximately at the Silver Free Skating level.
4. GOLD: For skaters approximately at the Gold and/or Masters Free Skating level.
5. ELITE ADULT INTERPRETIVE: For skaters approximately at the level of former competitive skaters.

Triathlon

All event technical requirements can be found in Skate Canada's [2017-2018 Triathlon Technical Program Requirements](#), unless otherwise listed below.

BRONZE TRIATHLON

- a. TEST: May have passed at least two of the following tests: Junior Silver Free Skate test, and/or Junior Silver Skating Skills test, and/or Bronze Interpretive Test
- b. SPECIFICATIONS FOR EVENT: The Bronze Triathlon shall consist of 3 parts:
 - One Bronze Creative Skating Skills Exercise
 - One Bronze Interpretive program
 - One STAR 8 Free Skate program

SILVER TRIATHLON

- a. TEST: Must have passed at least two of the following tests: Senior Silver Free Skate test, and/or Senior Silver Skating Skills test, and/or Silver Interpretive Test
- b. SPECIFICATIONS FOR EVENT: The Silver Triathlon shall consist of 3 parts:
 - One Silver Creative Skating Skills Exercise
 - One Silver Interpretive program
 - One STAR 10 Free Skate program

GOLD TRIATHLON

- a. TEST: Must have passed at least two of the following tests: Gold Free Skate test, and/or Gold Skating Skills test, and/or Gold Interpretive test

- b. SPECIFICATIONS FOR EVENT: The Gold Triathlon shall consist of 3 parts:
- One Gold Skating Skills Creative Exercise
 - One Interpretive program of a maximum 3:00 minutes in length
 - One Gold Free Skate program

Note: Technical requirement and program lengths for each part of the Triathlon are available in the STAR Technical Program Requirements Package. All Triathlon events to be skated in the order listed and may be on same day.

Creative Skating Skills Events

All event technical requirements can be found in Skate Canada's [2017-2018 Creative Skating Skills Technical Program Requirements](#), unless otherwise listed below.

1. BRONZE
2. SILVER
3. GOLD

EVENT REGISTRATION

Registrations will be accepted for the 2018 Skate Canada Manitoba Interlake Regional STARSkate Competition online. The Online Registration link can be found under the Competitions tab of the SCMB website. Offline registrations will not be accepted.

The registration deadline is ***Thursday December 28, 2017 at 11:00 p.m. CST***. Late registrations will be accepted until ***Thursday January 4, 2018 at 11:00 p.m. CST*** and are subject to a \$50 late fee. Registrations will not be accepted following the late registration deadline.

Planned Program Sheets for STAR 5 PLUS FreeSkate entries and STAR 7 & 9 Short Program entries must be submitted at the time of registration. Pictures of Planned Program Sheets will not be accepted.

Interpretive Program names must be submitted on the registration form.

Event Start Orders will be posted on-site at the arena. **All posted Start Orders are subject to change.**

ENTRY FEES

CanSkate Event	\$40/entry
Freestyle or First Event	\$60/entry
Team Event	\$40/team*
Additional Event	\$30/entry

* Payment is per team, not per individual. **Only 1 skater to register**, not both team members. One payment of \$40.00 per team must be included in registration.

Refunds will be given up to and including the registration deadline date, and will include a \$50.00 administration fee. No refunds will be given after the closing date of entries of the competition. No medical refunds at any time after the deadline.

EVENT COMPOSITION

In normal circumstances, *except Star 1-3 freeskate and Skate to Standard events* each category at the competition must be held for men and women separately. It is permissible to combine events as follows:

- Combine two or more categories in the same event when each category has fewer than three entries;
- Combine two or more categories in the same event when one category has insufficient entries to hold the event.

The decision to combine events is at the discretion of the Chief Referee and the host committee and that decision will be made only with full prior knowledge and agreement of all competitors affected.

ON-SITE REGISTRATION

Skaters must register, and provide music, no later than one hour prior to the beginning of their event but no earlier than 45 minutes before the first event of the day.

MUSIC

All skaters entered in Free Skate events, with the exception of STAR 1, must submit music when they register at the competition.

Only CDs will be accepted and the start of the music shall be recorded on the CD with less than two seconds of lead in. Each entry must provide two CDs for the competition upon registration – one for competition marked “Master” and one for back-up marked “Copy”. Competitor’s name followed by music time (not skating time) shall be clearly printed on one side of the CD. Each CD shall be enclosed in a plastic case marked with the skater’s name, category and total music time.

For the information of Dance competitors: 2001 Skate Canada Series 8 music or an acceptable contemporary music selection may be used for all pattern dance events. Note: If a dance competitor is choosing to use a contemporary piece of music they must supply the music to the competition as indicated above. Skate Canada Series 8 will be used during the ice dance warm-up period.

SKATE CANADA MANITOBA COACH ACCREDITATION

Before the event:

1. Skaters will list a primary and secondary coach on the competition registration form. Only coaches listed on the registration form will be considered for accreditation to the competition.
2. Immediately following the closing of registration, a complete list of primary and secondary coaches is to be sent to the Technical Director
3. The Technical Director will review the list of coaches, checking both their NCCP Certification, as well as the Coach in Good Standing Status. A color-coded accreditation sheet will be created. Only coaches listed on the accreditation sheet will be permitted board access at the event.
4. If a coach requires special permission due to level of certification requests must be made directly to the Technical Director PRIOR to the registration deadline of the competition. Special Permissions are only valid for one event, and may not be facilitated after the deadline.

5. A final list of approved coaches will be sent to the LOC no later than 1 week prior to the event.

At the Event:

1. Coach check in is required DAILY for every event. A wristband color coded to the NCCP Certified level of the coach will be given on the first day of registration. There will be one wristband given for the duration of the competition. The wristband must be worn and visible at all times. ****Coaches must sign in each day despite having a wristband****
2. The Section will provide a color-coded flip chart for each competition to be managed at the event by the Tech Rep. The flip chart should be visible at ice level for event officials, organizing committee, and ice captains to easily monitor. The color presented on the flip chart will represent the NCCP Certified Coaching level approved to be at the boards for the corresponding event. Coaches without the appropriate level of certification will NOT be permitted to be at the boards.
3. Last minute coaching changes may be accommodated for extenuating circumstances. These coaches MUST be Registered coaches in good standing with the appropriate NCCP Status. Last minute changes must be facilitated by the Section Technical Director. No Exceptions.
4. Coaches who received special permission will be noted on the accreditation sheet provided. These coaches must sign in with their special permission letter signed by the Technical Director. The letter will specify the competition approved, as well as the events.

ACCREDITATION FOR COACHES

[Skate Canada Policies and Procedures](#) shall apply.

In order to receive accreditation from Skate Canada at Sectionals, Skate Canada professional coaches must meet the following conditions:

- Meet the NCCP Requirements for the level of athlete attending with
- Be a current Professional Coaching Member of Skate Canada
- Hold a valid First Aid Certificate

ACCREDITATION MATRIX

- As per the NCCP pathways, coaches may obtain accreditation privileges provided the qualifications in the accreditation matrix below are valid at time of competition entry and on-site during the event. The Skate Canada qualifying events are categorized below as events 1-4.

Categories	EVENT #				COACH MEMBER IN GOOD STANDING			
	1	2	3	4	Registered	First Aid	Screening	NCCP Certification
Pre-Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Pre-Novice	✓	✓	N/A	N/A	✓	✓	✓	Provincial Coach
Novice	✓	✓	✓	✓	✓	✓	✓	National Coach
Junior	✓	✓	✓	✓	✓	✓	✓	National Coach
Senior	✓	✓	✓	✓	✓	✓	✓	National Coach
Intermediate	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach
Open	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach

The accreditation guidelines for all other Skate Canada sanctioned competitions (as applicable) are determined by the Sections.

Two coaches per entry will be accredited. Only two people will be allowed at ice level – determined by the skater/team.

AWARDS

<i>Ribbons (Assessed to Standard)</i>	<i>Medals (Judged to Placement)</i>
Star 1-3 Freeskate	Star 4 - Gold Freeskate
Star 2/3 Dance Event	Star 4/5 - Gold Dance Events
Star 2- 3 Element Events	STAR 4 - Open Element Events
Star 1 - 3 Team Events	STAR 4 – Open Team Events
Pre-Introductory, Introductory Interpretive Events	Bronze - Gold Interpretive Events
CanSkate Element Events	Special Olympics Events
Creative Improv 1 & 2 Events	Creative Improv 3 & 4 Events
Synchronized Skating Beginner I & II & Elementary	STAR 7 & 9 Short Programs
Showcase 1 & 2	Showcase 3 & 4
	Triathlon Events
	Open Pair Event
	Adult Events
	Creative Skating Skills

Note: *Single Event Entries* will receive a Participation Medal.

ACCIDENTS/LIABILITY

Skate Canada, SCMB and the Local Organizing Committee and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor’s person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

MEDICAL SERVICES

Medical Services available to skaters will be located at ice level, with a further medical room located in the off-ice area. Signage will be displayed on-site.

SCMB CAMERA POLICY

Flash photography is not permitted. Skate Canada Manitoba restricts the use of cameras and video equipment during Skate Canada sanctioned events out of respect for the safety and to protect the privacy of competing athletes.

Spectators are permitted to use cameras at the event for personal use only and are subject to the following conditions. Anyone who does not abide by these rules risks having their camera confiscated by authorized personnel.

October 17, 2017

- No flash photography is allowed
- Camera lens must not be larger than 200mm in order to avoid obstructing the view of other spectators
- Any resale of photography or posting photos on websites is strictly prohibited
- Video cameras can only be used by the parent(s) of their own skater during their performance

Coaches are only permitted to video tape their own skater from the boards during that skater's practice or performance. Coaches cannot video tape from the spectator area.

TICKET INFORMATION

Adult	\$5/Daily Pass
Senior (60+)	\$3/Daily Pass
Student (5-17)	\$3/Daily Pass
Child (4 and younger)	Free

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE