



Team TOBA Junior Development

Are you a figure skater aged 7-11 (female) or 8-12 (male)? Did you know that you are part of the “Learn to Train” group of Skate Canada’s Long Term Athlete Development (LTAD) Model? If you are, you are invited to join Team TOBA Junior Development!

Skate Canada Manitoba has developed a competitive team structure consisting of 4 teams: Team TOBA Junior Development; Team TOBA Development; Team TOBA High Performance; Team TOBA Elite. This structure is designed to meet the needs of our competitive athletes from entry level to senior.

Team TOBA Junior Development is the entry level to the Team TOBA Competitive Team Structure. This level is designed to target skaters in the “Learn to Train” group of Skate Canada’s LTAD:

- Females 7 to 11 years old Males 8 to 12 years old
- STAR 2 to 5, Pre-Juvenile
- Training – 1 to 2 45 – 60 min sessions 2-5 days/week; 20-44 weeks/year
- Concentrating on Technical & Skating Skills; Flexibility; Speed; Stamina
- Skating to Standards: Bronze, Silver, Gold
- Programs skated towards exit of stage
- Club; Interclub; Invitational competitions
- Competing 2-3 x/year

As part of the Team TOBA Junior Development, skaters will be invited to a seminar, traditionally held in March. During this full day seminar, skaters will be both on and off ice alongside other skaters from across Manitoba. Some of Manitoba’s premier coaches and some of our Team TOBA High Performance and Team TOBA Elite members will facilitate the on ice sessions, while the off ice sessions focus on areas including fitness, nutrition, dance, yoga, basic Sport Psychology, music appreciation, drama, and a lot more! The final pieces of this annual Seminar are Parent information Sessions to help parents understand the sport and the journey their children may be taking them on.

In addition to the Seminar, as a member of Team TOBA Junior Development, each skater will be provided with a monitoring report from at least one competition per year. These reports are to assist the athlete and their coach in fine tuning the skater’s skills and performance. Skate Canada Manitoba Judges and Technical Officials provide the monitoring for these skaters.



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Team Mandate: The stepping stone or introductory stage for skaters who are moving into the Competitive stream. Building a strong foundation of technical elements, skating skills, and artistic development related to Skate Canada’s LTAD model (Learn to Train)
CRITERIA
Skaters must compete in either Regionals or Sectionals in the following events during the current skating year: STAR 2 - 8 & Under (formerly Pre-Preliminary) STAR 3 & 4 - 9 & Under (formerly Preliminary) STAR 5 - 10 & Under (formerly Junior Bronze) Pre-Juvenile Under 11 Pre-Juvenile Under 14 (Minimum Technical Score for Free Skate of 10**)
BENEFITS
Seminar 1 Monitoring Session Access to purchase team yoga jacket
COST TO SKATER
\$70: Seminar only \$145: Seminar & yoga jacket
REGISTRATION
Registration forms available on the Skate Canada Manitoba website in the fall. Skaters must register by deadline date. <i>NO LATE ACCEPTANCE.</i>
COACH
Coaches are strongly encouraged to be in attendance at the Team TOBA Junior Development Seminar
TEAM CLOTHING – Yoga Jacket