

2019 SKATE CANADA MANITOBA WORKSHOP PRESENTER BIO'S

HEATHER MCMAHON

Heather will be presenting workshop sessions on Friday, Saturday & Sunday



Heather McMahon is the Skating Program Coordinator with Skate Canada. Heather and the Skating Development team create content for all programs in Skate Canada, CanSkate, CanPowerSkate and STAR 1-5. Heather is also responsible for STAR 6-Gold, Synchro assess to standard, Adaptive skating and Special Olympics. She is also a CanSkate and Regional Coach Learning Facilitator as well as a Regional Coach evaluator. As an NCCP National level coach Heather has developed athletes from CanSkate to the National level.

MEGAN FOSTER

Megan will be presenting workshop sessions on Friday and Saturday



Megan Foster began coaching in 2003 and has been the recipient of the Skate Canada Best of the Best CanSkate Coaches Award, the Skate Canada Manitoba Club and Recreation Coach Award of Excellence, the David Dore Mentorship Fund award winner and was a nominee for a Sport Manitoba Coaching Award of Excellence in the Developmental category. Most recently, Megan has been selected to assist the Coaching Association of Canada in the redesign of the NCCP Introduction to

Sport modules. Currently she is working to complete her Master Learning Facilitator certification with the Coaching Association of Canada and Skate Canada and is proud to be a CanSkate Resource Team Member.

Outside of coaching and facilitation work, she completed her Masters in Leadership Studies from Royal Roads University in 2018. She began her professional career in the world of revenue development for a non-profit organization and is now a Regional Manager for Sport Manitoba. In 2010, she was lucky enough to be hired as a volunteer in Athlete's Village for the 2010 Winter Olympic Games in Vancouver. She is currently living and loving life in Brandon

AMY LEVAC

Amy will be presenting workshop sessions on Saturday



Amy Levac has worked 12 years with Skate Canada, started in events, then Membership Services and transitioned into Safe Sport about 4 years ago as the Safe Sport Coordinator. She administers, coordinates and provide support in the areas of safety, compliance, insurance, and risk management. Amy loves to help others and I have great respect for our club/school volunteers as some come with little to no experience and she gets the privilege of sharing information/support them to become great leaders for our children and youth.