

<p>Introduce the Element</p>	<p><i>Ladies and Gentlemen, our skaters will now perform their Stroking Exercise for Assessment</i> (count through the number being performed)</p> <ul style="list-style-type: none"> - <i>“Circle Stroking”, our skaters will perform this in both directions</i> <p><i>Ladies and Gentlemen our skaters will now start their Jump Elements, the first jump is:</i></p> <ol style="list-style-type: none"> 1. <i>The Waltz Jump</i> (count through the number being performed) 2. <i>Salchow Jumps are next (*S-ow-cow)</i> (count through the number being performed) 3. <i>Ladies and Gentlemen the final jump, The Single Toe-loop</i> (count through the number being performed) <p><i>Ladies and Gentlemen, our skaters will now start their Spin Elements:</i></p> <ol style="list-style-type: none"> 1. <i>This is The Forward upright spin</i> (count through the number being performed) 2. <i>The Backward upright spin next</i> (count through the number being performed) <p><i>***** I invite the next group to enter the warm up area *****</i></p> <p><i>Ladies and Gentlemen, our skaters will now start their forward spiral sequences</i> (count through the number being performed)</p> <p><i>Thank you skaters.</i></p>	<p>Watch referee for timing – the entire group of skaters will perform each element one after the other – so if there are 10 skaters in the event, you will see 10 waltz jumps before the salchow’s start etc.</p> <p>Pre-Event !!!</p> <p>Confirm with Ref that they want them on ice at this point</p>
<p>Creative Routine</p>	<p><i>We now invite our skaters to prepare for their 30 second Creative Routine, (Pause if needed) Ladies and Gentlemen – our skaters will now hear the music once, as a practice run</i></p> <p><i>** Skaters, you may take off your practice coats and gloves (allow some time – watch ref for cue)</i></p> <p><i>Skaters take your places; **</i></p> <p><i>Thank you Skaters ! Ladies and Gentlemen this concludes the STAR 1 element event group _____, return to top and start again with next group</i></p> <p>or...</p>	<p>(**MET plays 30 second music)</p> <p>(**MET plays the music again)</p>
<p>Conclude the event</p>	<p><i>Ladies and Gentlemen, this completes the Star 1 Elements Event.</i></p> <p><i>There will now be a short intermission to resurface the ice. Our next event is the _____ and will start at _____</i></p>	<p>Always double check start time of next event with referee (most tech reps will come and talk to you and advise just prior to the flood)</p>
<p>Read PSA’s</p>	<p>This is where you need to read at least one or two sponsor recognition pieces before the zamboni drowns you out!</p>	<p>Any special added announcements by the LOC are PSA’s as well</p>