

# East St. Paul SC Summer Skate

Seven Oaks Sports Plex  
725 Kingsbury Ave.  
Winnipeg, MB



July 5-August 5, 2021  
Mondays-Thursdays  
(NO Skating July 22 and August 2, 2021)

Email completed Application Form to: [tanyapilat@yahoo.com](mailto:tanyapilat@yahoo.com)  
Registration confirmation will be emailed including Payment instructions.

Applications will be accepted on a first come first serve basis with preference given to full week registrations and multiple week bookings.

Sessions will be limited to reflect COVID protocols which will reflect Provincial Public Health directions and are subject to change. If necessary, cancellations will be done in reverse order of registrations received.  
Register early to secure your spot.

**Registration Deadline:** June 15, 2021

## Schedule

\*  
8:45-9:45 – STARSkate Full Free Skate  
9:45-10:45 – Dance/Skills/No Jumps  
Flood  
11:00-12:00 – Open Free Skate  
12:15-1:00 - Off Ice  
\*except July 15th

**Week 1** July 5-8

**Week 2** July 12-15

\*(July 15 TIME CHANGE:8:15-10:15 - Ice Time)

**Week 3** July 19-21 (3 day week)

**Week 4** July 26-29

**Week 5** Aug. 3-5 (3 day week)

**No Skating July 22 and Aug. 2, 2021**

**Spirit Days** return.

Show your Summer Skate Spirit! Prizes awarded for participation. Days will be announced in welcome letter.

Assessment Day - TBD

Permission from Home Club Assessment Coordinator will be required prior to a skater taking STAR 5+ Assessments.

Assessment fees must be paid on-line at [www.espsc.ca](http://www.espsc.ca) prior to any Assessments being taken.

### **STARSkate FULL Session Includes:**

3 hours on ice (except July 15th), daily off ice class.

Start time: 8:45 AM daily (except for July 15<sup>th</sup>\*)

\*July 15<sup>th</sup> 8:15 to 10:15 AM Ice Time (Off Ice location TBD)

### **STARSkate LITE includes:**

2 hours on ice (9:45-12), daily off ice class

Start time: 9:45 AM daily (except July 15<sup>th</sup>\*)

\*July 15<sup>th</sup> 8:15 to 10:15 AM Ice Time (Off Ice location TBD)

**Casual ice rates** and **alternate session rates** may be available on request. Contact Tanya Pilat with your inquiry/request.

Casual skaters must provide 24 hours notice via email.

All current COVID protocols must be followed at all times.

Registration requires a Membership account set up including all skater(s) added as Participants with ESPSC. Go to [www.espsc.ca](http://www.espsc.ca) to set up your account if new to our Club.



### **ESPSC Coaching Staff**

**Tanya Pilat** – ESPSC Program Coordinator  
tanyapilat@yahoo.com 204-453-6984

**Erin Bay**  
sk8tereb@gmail.com 204-404-5015

**Sarah Murkin-Debeuckelaere**  
coach\_skating@hotmail.com 204-791-9426

**Keesha McCutcheon**  
k.mccutcheon@hotmail.com 204-264-0574

**Kaylee Pilat**  
kaylee.pilat@yahoo.ca 204-805-4079

All Registered Skate Canada Skaters and Coaches are Welcome.

Coaching fees are extra and billed directly by the coach.

Please contact the coach of your choice regarding booking of lessons.

### **Off Ice Instructors:**



*Jumps and Spins with Tanya*

*Yoga with Lorene*

*Dance with Arena*

**www.espsc.ca**