

Meet Megan Foster, Clinician & Learning Facilitator!

Megan Foster has been facilitating workshops in the sport world for more than 15 years, for organizations such as Coaching Association of Canada, Skate Canada, Sport Manitoba, Recreation Manitoba, and Canadian Women in Sport, to name a few.

Her speaking topics include women and leadership, strategic planning, values-driven leadership, communication, networking & public speaking, and so many more! In addition, Megan is an NCCP Certified Coach Developer which grants her the privilege of training new coaches as they begin their journey.

Megan began coaching in 2003 and has been the recipient of the Skate Canada Best of the Best CanSkate Coaches Award, the Skate Canada Manitoba Club and Recreation Coach Award of Excellence, the David Dore Mentorship Fund award winner and was a nominee for a Sport Manitoba Coaching Award of Excellence in the Developmental category. Most recently, Megan was asked to participate on the NCCP task force to redesign the Coaching and Leading Effectively module. She has participated on many boards over the years and enjoys the challenge of continually refreshing and renewing educational and professional development content.

Outside of coaching and facilitation work, she completed her Masters in Leadership Studies from Royal Roads University. She is the owner of Mosaic Engagement and is on a mission to motivate organizations to harness the expertise and creative power within their own team. In 2010, she was lucky enough to be hired as a volunteer in Athlete's Village for the 2010 Winter Olympic Games in Vancouver! Most recently, Megan has been selected to assist the Coaching Association of Canada in the redesign of the NCCP Introduction to Sport modules. She is currently living and loving life in Brandon MB!