



SKATECANADA
MANITOBA

RETURN TO PLAY PROTOCOL



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Please note that any information located in the document that appears in **yellow highlight** has been updated recently from the originally released document.



RETURN TO PLAY PROTOCOL FOR CLUB ADMINISTRATORS, COACHES AND ANYONE ORGANIZING OR PARTICIPATING IN SKATE CANADA PROGRAMS/FIGURE SKATING RELATED ACTIVITIES

In light of a gradual return to skating across the Province, Skate Canada Manitoba is issuing its recommendations for club administrators, coaches and anyone organizing/participating in Skate Canada Programs and figure skating related activities.

With a situation that evolves each day and differs in various cities, regions and municipalities, Skate Canada Manitoba believes that it is the responsibility of the people organizing Skate Canada Programs and figure skating related activities to ensure a safe environment for skaters.

Thank you for taking the necessary precautions and doing your part to limit the spread of COVID-19. Please stay up to date on the ever-changing situation by checking/referring often to the following sources of information:

[Skate Canada COVID-19 Response Page](https://skatecanada.ca/covid-19-response/) - <https://skatecanada.ca/covid-19-response/>
[Government of Manitoba COVID-19](https://www.gov.mb.ca/covid19/index.html) - <https://www.gov.mb.ca/covid19/index.html>
[Government of Manitoba COVID-19 Updates](https://www.gov.mb.ca/covid19/updates/index.html) - <https://www.gov.mb.ca/covid19/updates/index.html>
[COVID-19 Screen Tool for Self Assessment](https://sharedhealthmb.ca/covid19/screening-tool/) - <https://sharedhealthmb.ca/covid19/screening-tool/>

These are necessary protocols that **MUST** be followed before organizing Skate Canada programming/figure skating activity. Please note that your municipality and/or arena/facility may have protocols that exceed or are looser than those set out below. All clubs and schools **MUST** follow the highest standard that has been set.

In accordance with current Manitoba Public Health Orders, the use of masks in indoor facilities is strongly recommended.

Please note that information in this document is subject to change based on updates to the Public Health Orders.

ORGANIZING SKATE CANADA PROGRAMS/FIGURE SKATING IN YOUR FACILITY

- The activity must always comply with the physical distancing, cleaning, sanitizing measures and recommendations issued by federal, provincial, municipal government authorities, and facilities including, but not limited to, the arrival and time spent on site, departure of skaters, mask use, and capacity limits.
- For provincial and interprovincial travel:

- Please check with your destination for any/all restrictions such as self isolation or quarantine required upon arrival
- Please check with your home jurisdiction for any/all restrictions such as self isolation or quarantine upon returning
- Each province, municipality, city/town, facility, and/or Skate Canada Member Club may have different requirements that you will need to abide by
- The Government of Manitoba has recently launched the Pandemic Response System (zones) and Skate Canada Manitoba has adapted a response to changes in zone colors. For more information about the changes please see the document on our COVID Response Page entitled “[SCMB Pandemic Response Chart](#)”. Please ensure that you check your region or the region to which you plan to travel into to for their current zone color. More information about the Government of Manitoba’s Pandemic Response System can be found at <https://www.gov.mb.ca/covid19/restartmb/prs/index.html>
- See **Appendix A** for each Skate Canada program, competitive level and other skating related activities for specific return to play timelines, stages and limitations.
- Physical distancing measures must be followed for all Skate Canada Programs and figure skating related activities.
- Session numbers will be limited in accordance with the current guidelines set out by the Chief Public Health Officer for gathering sizes. Please refer to the [Government of Manitoba’s COVID-19 website](#) for the most up to date restrictions. Please communicate with facilities for capacity limits.
- *For the 2020-21 Skate Canada membership season, ending August 31, 2021, all individuals (coaches, skaters, volunteers, participants, officials, spectators, etc...) wishing to be involved in Skate Canada programming or other figure skating related activity must sign the Skate Canada waiver prior to participating.*
 - *Signed waivers must be kept on file*
 - *All other persons who are registered members of Skate Canada, please collect signed waivers and confirm that you have received their waiver on their Skate Canada Membership Registration (check box). Keep signed waiver on file with your club for the duration of the year.*
- **NEW Skate Canada COVID waiver will NOT be required for the Skate Canada 2021-22 membership season, beginning September 1, 2021**
- **In the event that a participant appears unwell, a Skate Canada Professional Coach, Club Executive, or Skating School Administrator has the right to remove the person from the activity.**
- Must have adult supervisor off the ice making sure that physical distancing guidelines and traffic flow are being followed.
- Communicate all hygiene measures in advance to all your members and skaters.
- Keep a record of all skaters on each session, so that you can contact them if needed, for example, if an infected person should use your facility. Please see **Appendix B** for the



record sheet to complete every day for each session. **Session record forms will be for skaters only, not spectators.**

- Records must be kept for 30 days and be accessible in case of an emergency such as an outbreak at the facility.
- Clear markings on the ground of where skaters and coaches should stand while waiting to go on the ice and where they sit while putting skates on to make sure they remain 2 metres apart.
- Signage must be posted throughout the facility, such as Physical Distancing reminders and hand sanitizing – All posters found on our [website](#)

PROVIDE A CLEAN AND SAFE ENVIRONMENT

Clubs and sporting facilities must have operational security procedures in place during the crisis related to COVID-19. These procedures must also be well displayed and communicated to all users.

- Use markings on the ground to indicate proper distancing between skaters and/or coaches, for example where skaters wait to enter the ice.
- Cleaning supplies must be provided by club.
- Coordinate with your facility who is responsible for cleaning specific areas.
- All high contact surfaces should be frequently cleaned, such as door handles, benches, counters, **teaching aids, CanSkate props**, etc...
- Soap or hand sanitizer must be made available to all members in various locations throughout the facility including upon entry to the building, upon entry to the ice surface, and upon exiting of the ice surface.
- Skaters, coaches, parents, volunteers, etc... must wash their hands or sanitize upon arriving at the facility and sanitize often.
- Any area exposed to personal items must be disinfected. Encourage skaters, coaches and volunteers to leave unnecessary personal items at home.

ENCOURAGE PHYSICAL DISTANCING

- Encourage skaters to respect physical distancing of 2 metres, recommended by government authorities.
- Clubs, in consultation with each facility, will determine drop off/pick up times and protocols around parent/guardian remaining in facility. Encourage physical distancing at all times.

COACHING

- Coaches to practice physical distancing from skaters, volunteers, parents and other coaches on and off the ice.
- Additional personal protective equipment is optional as long as it does not obstruct or inhibit skating ability.



PLAN AHEAD/ THINGS TO CONSIDER

- Develop flexible refund policies should stay-at-home orders be restored or if rink is forced to close.
- Have well defined session protocol, including accepting drop ins or skaters from other clubs, etc...
- Designate an on-site emergency person who will be at the rink during the session(s) and has access the skater emergency contact information, and Emergency Action Plan (EAP). This person must be a current Skate Canada member and should be a member of your board if possible.
- Update your club's Emergency Action Plan (EAP) and have available board/rink side or with your designated onsite emergency person. (EAP templates and eLearning module are available on [The Locker](#))
- Create an emergency plan with rink management for a possible outbreak. For an example see **COVID Emergency Response Plan template**.
 - Have a communication strategy to alert all who may have been exposed
 - Consult local health authorities should an outbreak happen in your facility
 - Identify a contact person to receive reports from skaters/families/staff of new illness
 - Designate one person to speak publicly for the club/programs to members, media, health officials, etc...

COMMUNICATE EARLY & OFTEN

- **Club executives and coaches have the authority to ask skaters, members, volunteers, coaches, etc... to leave if they are not following the above outlined protocols, and those of your local facilities.**
- Appoint a COVID-19 point person to communicate with rink management and monitor local, provincial and national developments.
- Email skaters and their families with your facility/club's new policies and procedures, making clear your policies & expectations.

CONTACT INFORMATION

We would like to thank all of you for your dedication, patience and understanding as we work collectively through this unprecedented time. We encourage you to reach out to one another for support, to collaborate and discuss challenges.

The Section office staff are also available should you have questions or require clarification. Please check out our [website](#) for contact information.



APPENDIX A: SKATE CANADA PROGRAMMING RETURN TO PLAY STAGES

Movement between stages will be determined by Skate Canada Manitoba based on the current Government of Manitoba guidelines found in the Restoring Safe Service documents. Please note that while we hope to move through the stages sequentially, due to unforeseen changes in public health requirements, we may have to move back to previous stages.

As of June 28, 2021, SCMB will no longer have maximum participants associated per stage (please refer to Skate Canada programming standards and requirements for on ice capacity). Please refer to current Public Health Orders and your facility for restrictions on number of participants during COVID. [Please click here for current health orders.](#)

Current stages are found in the colored boxes below.

	STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5
	ALL STAGES MUST MAINTAIN REQUIRED PHYSICAL DISTANCING				
STAR 6-Gold, Competitive and Adult Singles	<ul style="list-style-type: none"> Limit number on session to 35 participants, on or near the ice including coach(es) No day of drop in/buy on participation 	<ul style="list-style-type: none"> Limit participant numbers as per Public Health Orders and facility capacities Maximum of 5 skaters in a group as per Public Health Orders 	<ul style="list-style-type: none"> Participant numbers according to current guidelines set out by Province of Manitoba. Please check with each facility for their capacity limits. 		
STAR 1-5	<ul style="list-style-type: none"> Limit number on session to 35 participants, on or near the ice including coach(es) No day of drop in/buy on participation 	<ul style="list-style-type: none"> Limit participant numbers as per Public Health Orders and facility capacities Maximum of 5 skaters in a group as per Public Health Orders 	<ul style="list-style-type: none"> Participant numbers according to current guidelines set out by Province of Manitoba. Please check with each facility for their capacity limits. 		

CanPowerSkate	<ul style="list-style-type: none"> • Limit number on session to 30 participants, on or near the ice including coach(es) • No day of drop in/buy on participation 	<ul style="list-style-type: none"> • Limit number on session to 30 participants, on or near the ice including coach(es) • Maximum of 5 skaters a group as per Public Health Orders 	<ul style="list-style-type: none"> • Participant numbers as per Skate Canada Program Delivery Standards, unless they extend beyond the current Public Health Orders. 		
CanSkate	<ul style="list-style-type: none"> • No CanSkate 	<ul style="list-style-type: none"> • Accept registrations for skaters with previously demonstrated skills only, for example has completed at least one STAGE 1 ribbon • No Pre-CanSkate or Parent and Tot • Participant numbers to be determined according to current guidelines set out by Province of Manitoba in conjunction with SCMB 	<ul style="list-style-type: none"> • Inclusion of Pre-CanSkate Parent and Tot only (parent/guardian must reside in the same household as child) • Increase participant numbers according to current guidelines set out by Province of Manitoba in conjunction with SCMB 	<ul style="list-style-type: none"> • Inclusion of athletes with no previous skating experience • Limit participant numbers as per Public Health Orders and facility capacities • Maximum of 5 skaters in a group as per Public Health Orders 	<ul style="list-style-type: none"> • Inclusion of Pre-CanSkate athletes without a parent • Participant numbers as per current Public Health Orders and Skate Canada Program Delivery Standards.
Harness	<ul style="list-style-type: none"> • No harness sessions Resumes July 30th 2020 	<ul style="list-style-type: none"> • Harness sessions resume 			
SynchroSkate	<ul style="list-style-type: none"> • Noncontact, side by side training • Limit number on session to 35 participants, on or 	<ul style="list-style-type: none"> • Teams who reside in the same household may begin close contact training • Please refer to Return to Synchro Protocols 	<ul style="list-style-type: none"> • Participant numbers according to current guidelines set out by Province of Manitoba. Please 	<ul style="list-style-type: none"> • Stage 3 continues 	<ul style="list-style-type: none"> • Resume sport with no restrictions

	near the ice including coach(es)		check with facility for capacity limits. <ul style="list-style-type: none"> Full sport specific training can resume, no limitations on contact duration. 		
Pairs & Dance	<ul style="list-style-type: none"> Noncontact, side by side training 	<ul style="list-style-type: none"> Teams who reside in the same household may resume with no restrictions Teams who do not reside in the same household limited to 10 minutes close contact per session 	<ul style="list-style-type: none"> Stage 2 continues 	<ul style="list-style-type: none"> Stage 2 continues 	<ul style="list-style-type: none"> Resume sport with no restrictions
Competitions/ Assessment Days/Seminars/ Clinic/Ice Shows-Carnivals	<ul style="list-style-type: none"> No Competitions/ Assessment Days/ Seminars/Clinic/Ice Shows-Carnivals 	<ul style="list-style-type: none"> Each activity to be reviewed based on current guidelines set out by Province of Manitoba 	<ul style="list-style-type: none"> Stage 2 continues 	<ul style="list-style-type: none"> Stage 2 continues 	<ul style="list-style-type: none"> Resume sport with no restrictions
Other Activities (not stated above)	<ul style="list-style-type: none"> Must be submitted and reviewed to SCMB on a case by case basis to determine what the appropriate stage or restrictions that may be required prior to the activity taking place 				



APPENDIX B: SKATE CANADA MEMBER CLUB SESSION RECORD

Date: _____ Facility Name: _____

Start time of Session: _____ End time of Session: _____

Name of Volunteer collecting information: _____

FIRST NAME	LAST NAME	RESIDENCE (City/Town)	PHONE NO.	ACTIVITY AT FACILITY	LOCATION IN FACILITY	SIGNATURE (Optional)
Ex. Susan	Smith	Winnipeg	204-555-5555	Parent	Viewing area	
Lucy	Smith	Winnipeg	204-555-5555	Skater	On-ice	

Records to be completed every day for each skating session and kept on file