

Synchro Championships Virtual Competition Video Submission Instructions

All performances submitted by video are to follow the below instructions. Videos must be submitted by March 31, 2022 at 11:45pm to the Dropbox Link provided to each team after registration.

Video 1 Competition Skate:

- Videos need to have an unobstructed view of the team (ie no glass, netting or poles) with an elevated view in order to capture the whole team for the duration of their skate. Center ice is preferable but may not work for many teams so side angle shots may also be submitted. Please zoom in when skaters are far away from the camera to ensure officials can adequately see the skaters.
- Video can be shot on a video camera, tablet or cell phone as long as the video is good quality for submission. It is highly recommended to use a tripod to shoot the video if possible.
- If using a cell phone or tablet, video must be shot in landscape. Videos shot in portrait will not be accepted.
- All programs must be filmed in high resolution(1920x1080). File Formats accepted are .MP4 and .MOV
- Filming is to begin with the team skating away from the boards and taking their starting position as they normally would in a regular competition.
- The team being filmed must be the only team or skaters on the ice and in competition attire.
- Music should be audible in the submitted video with no other voices heard near the camera.
- Teams are only to perform once for their competition video submissions. We trust that skaters and coaches will follow the warm up times and only perform once with no retakes.
- Teams should be kept in the middle of the frame and zoomed in as close as possible to see the skater from head to toe the entire time. Any videos that are too far away will not be accepted.
- Teams are to perform to the camera.
- At the end of the video team should bow and be filmed skating off the ice.
- Once the videos are complete they are to be uploaded to a Dropbox link that will be provided to each team.
- Please test the filming set up (ie phone, tablet/or camera) prior to performance, to ensure video quality. Practice filming the team so that the person filming will be comfortable with both filming and the team's program.

Video 2 Team Introduction:

- Team Introduction Video must be its own separate video and can be recorded at ice level or in an off ice space.
- Teams are to introduce themselves as follows: “(Roll Call)_I’m etc. and we are [insert team name] from (the) [insert club/school name] Skating Club/School in the [insert Section you skate in] Section. Our favorite element to perform is our/the [insert element name]!”

Video 3 Team Spirit:

- Perform your team chant, team dance moves – whatever your team does to be get in the ‘zone’ and have fun! Then get ready to make some noise! Cheers, clapping, whooping, noisemakers – get loud!
- Have fun, get creative and be loud!

Any questions regarding filming can be directed to Skate Canada Manitoba
skate.admin@sportmanitoba.ca

Uploading Video Instructions

- Before submitting each video, please name your video file with your Team name, their category, and whether the video is the Competition Skate, Introduction or Team Spirit video. FOR EXAMPLE: GRAVITY_PRENOVICE_COMPETITION.MOV
- Each team will be provided a link to upload their videos to.
- Upload the original video recorded (example a video that has been texted will have lower quality). Do not compress the file size, must upload original file.
- Video submissions must not contain any editing.