

## 2024 Spring Virtual Competition Video Submission Instructions

All performances submitted by video are to follow the below instructions. Videos must be submitted by May 3rd, 2024 at 11:45pm to the Dropbox Link provided to each participant after registration.

- Videos are to be taken at centre ice, ideally to be shot from a players bench with no glass in front of the camera. For synchro entries it is important that when filming, all corners of the ice can be captured and the whole team remains in the camera frame. Record from an elevated view in order to capture the whole performance for the duration of their skate. Videos taken from the stands will be accepted only if there is no glass or netting in front of the camera.
- Video can be shot on a video camera, tablet or cell phone as long as the video is good quality for submission. It is highly recommended to use a tripod to shoot the video if possible.
- If using a cell phone or tablet, video must be shot in landscape. Videos shot in portrait will not be accepted.
- All programs must be filmed in high resolution(1920x1080). File Formats accepted are .MP4 and .MOV
- Filming is to begin with skaters skating away from the boards and taking their starting position as they normally would in a regular competition.
- The competitors being filmed must be the only skater/team on the ice and in competition attire.
- Music should be audible in the submitted video with no other voices heard near the camera.
- Competitors are only to perform once for each video submission. We trust that skaters and coaches will follow the warm up times and only perform once with no retakes.
- Competitors should be kept in the middle of the frame and zoomed in as close as possible to see the skater from head to toe the entire time. Any videos that are too far away will not be accepted.
- Teams are to perform to the camera.
- At the end of the video the skater/team should bow and be filmed skating off the ice.
- Once the videos are complete they are to be uploaded to a Dropbox link that will be provided to each registrant.
- Please test the filming set up (ie phone, tablet/or camera) prior to performance, to ensure video quality. Practice filming the team so that the person filming will be comfortable with both filming and the team's program.
- Recordings for first and second skate do not have to be done on the same day but should be done on consecutive practices or within one week of the first skate filming to ensure fairness of play.

- Team Introduction Video must be its own separate video and can be recorded at ice level.

Any questions regarding filming can be directed to Skate Manitoba  
[skate.admin@sportmanitoba.ca](mailto:skate.admin@sportmanitoba.ca)

#### Uploading Video Instructions

- Before submitting each video, please name your video file with your Team name, their category, and whether the video is the first or second skate, or Intro video. FOR EXAMPLE: GRAVITY\_PRENVICE\_FIRST.MOV
- Each team will be provided a link to upload their videos to.
- Upload the original video recorded (example a video that has been texted will have lower quality). Do not compress the file size, must upload original file.
- Video submissions must not contain any editing.