



Team MANITOBA

ATHLETE DEVELOPMENT

Train to Train, Train to Compete and Train to Win

Who is Team MANITOBA?

Skaters who earn their way to a Qualifying Competition:

- * Train to Train
- * Train to Compete
- * Train to Win
- * Compete to Win

Criteria: Free Skate

- Pre Novice- complete STAR 6 free skate and 15 and under
- Novice – complete STAR Gold free skate and 16 and under
- Junior – complete STAR Gold free skate and 18 and under
- Senior – complete STAR Gold free skate and no age requirement
- Submit a Yearly Training Plan (YTP) to the Technical Director
- Training On Ice during the summer months for a minimum of 4 weeks
- Meeting a % of the QUALIFYING MINIMUM SCORE or QMS



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Who is Team MANITOBA?

Skaters who earn their way to a Qualifying Competition:

Pairs, Dance and Synchro

- * Train to Train
- * Train to Compete
- * Train to Win

Criteria:

- Pre- Novice Pairs - complete STAR 5 free skate and 17 and under
- Novice Pairs – must have passed STAR 10 free skate and no age requirement
- Junior Pairs– complete STAR Gold free skate and no age requirement
- Senior Pairs– complete STAR Gold free skate and no age requirement

- Pre- Novice Dance- at least one partner must have passed complete STAR 5 Dance and 17 and under
- Novice Dance– at least one partner must have passed complete STAR 8 Dance and 20 and under
- Junior Dance– at least one partner must have passed the Gold A and Gold B Dance and 20 and under
- Senior Dance–at least one partner must have passed the Gold A and Gold B Dance and no age requirement

- Novice Synchro – Skaters 15 and under as of July 1st
- Junior Synchro – Skaters must have reached the age of 13 and under 19 as of July 1st
- Senior Synchro – Skaters must have reached the age of 16 as of July 1st

- Submit a Yearly Training Plan (YTP) to the Technical Director

- Training On Ice during the summer months for a minimum of 4 weeks

- **Meeting a % of the QUALIFYING MINIMUM SCORE or QMS**



QUALIFYING MINIMUM SCORE (QMS)

As set out by Skate Canada as of July 1st, 2024

- **Pre Novice** - Women-22 Men-19 Pairs-15 Dance – 15
- **Novice** - Women-27.5 Men-26 Pairs- 19 Dance-18
- **Junior** - Women-35.5 Men-35.5 Pairs-28 Dance-24
- **Senior** - Women-40 Men-44.5 Pairs-36 Dance-40

Please note that skate Canada’s QMS is subject to change.
We will use current QMS as published on Skate Canada website.

Additional
information about
the QMS to be
eligible for

Team MANITOBA: % of the QMS

- Pre Novice – all who reach the QMS or within **25%** of the QMS
- Novice – all who reach the QMS or within **20%** of the QMS
- Junior – all who reach the QMS or within **15%** of the QMS score
- Senior – must achieve QMS score to advance

** All Skaters who achieve the Qualifying Minimum Score (QMS) or percentage of the QMS **between Sectionals 2025 and Sectionals 2026** are eligible for Team MANITOBA