

ATHLETE DEVELOPMENT Learn to Train and Train to Train

Who is Team TOBA?

Age Requirement Assessment Criteria

FREE SKATE

*Learn to Train *Train to Train Age Requirement: as of July 1^{st,} 2025 must be 13 and under with one of the following:

Criteria:

OPre Juvenile – must have passed complete STAR 5 free skate assessment
OJuvenile - must have passed complete STAR 5 free skate assessment
OPre Novice - must have passed complete STAR 6 free skate assessment
OSTAR 5- must not have passed any part of the STAR 8 free skate

assessment

OSTAR 6, (7),8,(9)- must have passed the complete STAR 5 free skate assessment

OSTAR 10 & Gold – must have passed the complete STAR 8 free skate assessment

** AND Submit a Yearly Plan to the Technical Director

Who is Team TOBA?

DANCE

PAIRS

SYNCHRO

Assessment Criteria

*Learn to Train *Train to Train Age Requirement: as of July 1st 2025- must be 13 and under with one of the following:

OPre-Juvenile-at least one partner must have passed complete STAR 5 dance assessment

OJuvenile Dance-at least one partner must have passed complete STAR 5 dance assessment

OJuvenile Pair -must have passed complete STAR 5 free skate assessment

• Synchro Skaters – must have passed complete STAR 5 in any discipline and on a Team that receives a report card.

****** AND Submit a Yearly Plan to the Technical Director