

# Skate Manitoba

## Annual Reports 2025

### Contents

Executive Director Report	2
Membership Committee Report	6
Governance Committee Report	10
Coaching Committee Report	11
Events & Administrative Coordinator Report	14
Audio Committee Report	15
Data Specialists Committee Report	16
Judges Evaluators Technical (JET) Committee Report	17
Technical Director Report	19
Learn to Train Committee Report	23
Train To Train Committee Report	25

### **Executive Director Report**

Submitted by Rosalyn Bauer

### **Reflection**

Another successful and exciting season has come to pass, and what a season it was! From outstanding results at National competitions to our largest Provincial Championship participation to date, there is so much to celebrate in Manitoba. Without the efforts and generosity of hundreds of volunteers we would not have figure skating in Manitoba. Each volunteer, no matter the size of their role, has a profound impact on those around them, and we thank each of you for your contributions!

### Section:

### 10 Directors on the Section Board of Directors

From finances and budgets, to governance and strategic planning, they are involved in every aspect of our sport and dedicate much time and effort to moving us forward.

### **13 Committees & Subcommittees**

Our committees, their chairs and members, work hard all season long to strategize and plan programming and initiatives for all stakeholder groups, and then deliver the programming, seek feedback, and make plans for the following season. If you attended a seminar, assessment day, competition, had a club visit or took a training course, then at least one of these committees was involved in that experience.

### **Over 30 Officials**

They are our judges, technical specialists & controllers, data specialists, audio personnel and our assessors. A competition or assessment day does not happen without a whole team of officials, and the many hours that they train(ed), mentor(ed), update equipment, PPC's and music. Best wishes to Diane Harder and Marj Beddall on their retirement from officiating this past season!

Clubs & Schools:

47 Clubs and 5 Skating Schools, over 170 Board Members & Administrators

You delivered programming to over 4000 CanSkaters, 260 Power skaters, and to almost 1300 STAR, Synchro & Podium Pathway athletes. You impacted the lives of over 5200 people in our province by bringing skating into their life and keeping it in your community.

### **Over 285 Program Assistants**

The Skate Canada programs that are offered could not happen without the aid of Program Assistants (PAs). You inspire and motivate others to continue achieving and provide an invaluable service to your clubs and schools in delivering top notch programming.

### **Over 140 Coaches**

For the many hours of preparation and organization that happens before, during and after each season and session. For choosing to continue to develop and hone your coaching skills and for sharing that knowledge with those around you to grow our sport. Best wishes to coach Lynn Cabak on her retirement this past season.

Our sincere condolences to the family and friends on the passing of Sue Sutherland, who impacted the lives of many skaters and coaches over her extensive coaching career in Thompson.

Thank you to the skating community for your dedication to our sport in your communities. For the time you devote and share with those around you, your efforts are seen and deeply appreciated!

### Funding & Partners

The work that Skate Manitoba does would not be possible without Skate Canada and Sport Manitoba. From funding to program support, leadership and governance guidance, we are grateful for the relationships we have with them.

A huge thank you to Manitoba Liquor & Lotteries for their generous support this past season. We received over \$25,000 in sponsorships and grants that allowed us to offer an Adult seminar with Jeff Buttle, work with Mosaic Engagement and create our new 2025-2029 Strategic Plan, create the new bylaw template for clubs, and visit Thompson for a weekend of skating seminars and board education sessions. Heading into the new season, MBLL is supporting our upcoming Volunteer & Coach Conference happening on May 3<sup>rd</sup>.

### AGM, Awards & Conference

This is the time of year that we come together as a community to reflect on the year that has passed and celebrate one another. I encourage you to take part in one of our many activities that brings our skating family together this May. For more information or to register for any of the below events please visit

https://mbskates.ca/about/leadership/governance/skate-mb-agm/

May 1<sup>st</sup> is our Annual General Meeting (AGM) at 6:30 PM on Zoom. A member from each club or skating school can register to represent as a delegate, and each coach in good standing, have a vote at the meeting. We welcome our officials, additional club volunteers or skating members to participate as an observer.

May 2<sup>nd</sup> we host our annual Awards Celebration in Winnipeg at the Caboto Centre. This event is open to anyone to purchase tickets to attend and celebrate the recipients from this past season. Gold Assessments, Provincial Champions, National Volunteers, Program Assistant and many more!

May 3<sup>rd</sup> is our Volunteer & Coach Conference in Winnipeg and features a full day of programming with topics that include governance, building relationships, strategic plan, and much more. This is a great opportunity to network and meet other volunteers from around the province.

May 4<sup>th</sup> is the Annual Coaches Meeting in Winnipeg. A time to network, celebrate and learn with your fellow coaches, don't miss out on this event!

### Strategic Plan

The end of our current strategic plan has now come to an end. The plan, created two years before the impact of the global pandemic and the launch of the new LTD from Skate Canada, had many achievements, though we did not meet all of the metrics set out. The 2020-2025 plan laid out required goals to achieve, and it is difficult to meet specific numbers when there are so many factors that influence and impact people. For example as part of our Grow the Membership priority, we aimed to increase coaches by 25%. In 2020 we had 123 coaches and by 2025 we have 140. According to the strategic plan we did not achieve our metrics, but this is a success and should be celebrated. This is addressed in the 2025-2029 plan where we have moved away from defining success by achieving quantitative numbers and now have varying types of progress indicators. Learn more about the achievements of the 2020-2025 strategic plan during the presentation at the volunteer & coach conference.

The completion of the 2025-2029 plan took just over 6 months to complete! From stakeholder engagement, in person & virtual sessions and small group meetings, the plan was a labor of love and we are so excited to be starting the work to meet our priorities. Thank you to all of those involved in contributing to the plan, and a huge thank you again to Manitoba Liquor & Lotteries for their financial support of this project!

We will be unveiling the new strategic plan at the Volunteer & Coach Conference, so make sure to come learn all about it!

### Parting words

We continue to learn, make mistakes, try again, and challenge the way that we do things. It is, and continues to be, an exciting time in our sport and I am so glad to be surrounded by such a supportive community. A huge thank you goes out to the team at the Section office, Jason Graetz, Tammy McKay and Gaby Landa. I am grateful for the knowledge, support and dedication of these outstanding individuals, and appreciate how they positively challenge our environment with their unique perspectives!

There are so many exciting things to look forward to next season (keep reading the committee reports to find out more) so make sure you follow us on Facebook and Instagram, sign up for our eNews (anyone can sign up to receive it) and check out our updated website so that you don't miss a thing!

Wishing each of you a relaxing break or a successful start to your season, and we are excited to see you at a rink in the near future!

### Membership Committee Report

### Submitted by Carol Light

This fiscal year (April 1, 2024 to March 31, 2025) Skate Manitoba reached 5711members an increase of 670 from the 2023-2024 season! In the 2024-2025 skating season we are home to 47 clubs and 5 skating schools. We did see 4 skating clubs not operate this season and the return of 1 Club. Manitoba saw increases in the following programs; CanSkate, STARSkate, Synchronized Skating, Power Skate and Podium Pathway.

Total membership numbers per Club/School between September 1, 2024 and March 31, 2025

Altona Skating Club	97
Arborg Skating Club	56
Ashern Figure Skating Club	51
Beausejour Skating Club	93
Birtle Figure Skating Club	25
Boissevain Figure Skating Club	89
Carberry Figure Skating Club	74
Carman Skating Club	127
Century Skating Club	129
Deloraine Skate Club	26
East St Paul Figure Skating Club	336
Elkhorn Figure Skating Club	62
Grunthal Figure Skating Club	108
Hartney Figure Skating Club	7
Hazelridge Figure Skating Club	105
Holland Figure Skating Club	35
Killarney Figure Skating Club	114
Lundar Skating Club	42
Melita Figure Skating Club	61
Minnedosa Figure Skating Club	69

Morden Figure Skating Club	224
Neepawa Figure Skating Club	47
Niverville Skating School	177
North Star Skating School	38
Notre Dame De Lourdes Figure Skating Club	90
Portage Skating Club	114
Reston Figure Skating Club	16
RINK Figure Skating Academy	329
Rivers Skating Club	62
Roblin Figure Skating Club	37
Rock Lake Skating Club	81
Russell Figure Skating Club	58
Seine River Skating Club	117
Selkirk Skating Club	144
Skate Brandon	416
Skate Dauphin	170
Skate Gillam	82
Skate Interlake	52
Skate Stony Mountain	57
Skate Thompson	341
Skate Virden	164
Skate Winnipeg	378
Souris Figure Skating Club	32
St Rose Skating Club	39
St. Norbert Community Centre Skating School	117
Steinbach Figure Skating Club	108
Stonewall Skating Club	120
Teulon Skating Club	23

The Pas Skating Club	212
Waskada Figure Skating Club	54
Winkler Skating Club	102
Winnipeg Winter Club Skating School	4

### 2024-2025 Membership Programming

- Fall 2024 Support for the North with Heather McMahon
  - Heather McMahon, Tammy McKay and Rosalyn Bauer traveled to Thompson where they held sessions over 2 days
  - Sessions for skaters, parents, Club Executive and Coaches on various topics including CanSkate & STAR 1-5 Delivery, LTD sessions, PA Training, Mock Sessions, Operations, Grants & Teams, Competitions and Technical Sessions were held
  - o Approximately 30 participants attended these sessions
  - Our desired outcome was to provide support to the North by offering a variety of programming for all.
- Winter 2024-2025 Club Support Sessions
  - Over the winter we connected with 4 clubs to provide support on Club governance
  - Next season we hope to expand this number and continue supporting clubs through the Club Support Initiative
- Bylaw Templates
  - Templates for incorporated and unincorporated Clubs were created with Sport Law
- Club Support Webinars
  - Club Support Webinars were held in the Fall and early Winter to provide more information to Clubs on by laws as we as CanSkate and STAR 1-5 programming standards

### 2025-2026 Membership Programming

- CanSkate Excellence Program
  - To provide support to Clubs/Schools & Coaches with regards to building their CanSkate Program and meeting/achieving/exceeding the Skate Canada Delivery Standards.
  - Skate Manitoba wants to offer the best skating programs in the country! That begins with assisting our Clubs/Skating Schools and Coaches to deliver programs that meet or exceed the National delivery standards. The three tiers of the CanSkate Excellence Recognition Program include: Engaged, Achieved, Exceeded.
  - $\circ$  We are looking forward to launching this program Fall 2025
- Club Support Visits
  - As part of our Strategic Plan to grow the membership our focus will shift to Club Support Visits.
  - This initiative will assist the Section in being able to focus on Club Support.
     We are hoping to include a broader reach than just the observation and support for the current CanSkate programs but also build relationships between the Section and Club Executives/School Administrators & Coaches.
  - Our desired outcome is to provide support to Clubs/Schools from a membership, coaching, programming perspective. Increase engagement and gather feedback, providing an opportunity for engagement and education, understand where the gaps are within the Section at the grassroots level.
- New Member Orientation Handbook
  - At the STARSkate Seminar in Rivers held in January 2025 during the Parent Q&A session a question was raised that sparked conversation around a New Member Orientation Handbook
  - The membership committee would like to work to create or refine information for new members

### **Governance Committee Report**

Submitted by: Kristjana Kosheluk

Committee consists of Chair: Kristjana Kosheluk Saff: Rosalyn Bauer Members: Megan Maxwell, Donna Yee, Carol Light, Jon Wang, Amber Lotz

This committee has spent many hours reviewing important documents for Skate Manitoba. We have had two meetings this year, June 24, 2024, and March 17, 2025. During this time, we have reviewed: Terms of References for all committees, Bylaws, and the majority of our policies. We have many tasks that come with this reviewing all these items and the committee has worked very hard. Once these documents were reviewed and updates were made, they were sent to the Board for approval. Many updates have been made to these documents as well as the creation of new documents. This is a very large task to work on throughout the year. We have made great strides in order to help Skate Manitoba run more effectively.

I would like to thank the committee members for the hours they have spent reviewing documents and the suggestions they have had for improvements. I look forward to working with this committee in the future.

### **Coaching Committee Report**

### Submitted by: Michelle Janz

### Members:

Michelle Janz, Teddi Garvey, Jayde Jonasson, Larissa Luptak, Betty Anne Wilkinson

### **Overview:**

The Coaches Committee is an operational committee that provides recommended direction, oversight, and assistance to Skate Manitoba on coaching in our section. Committee activities include developing and delivering opportunities for engagement and education, advocating for Manitoba Skate Canada Professional Coaches at board meetings (Section Coaches Representative), providing recommendations and/or strategies to increase retention, engagement, and strength of coaches in Manitoba.

### 2024-25 Initiatives:

### Coaches AGM:

We had 36 coaches attend our 2024 Coaches AGM in Brandon. The evening included supper, a social hour, opportunity to meet the board, section staff, committee chairs, and learning facilitators, and presentations on governance and coaching pathways, the 2024-25 competition calendar, Team Manitoba and Team TOBA, Power Skating.

### Coach Development Series:

Manitoba coaches had the opportunity to learn from National Certified coaches in the singles and synchro disciplines this season. Three virtual sessions were held with Kevin Dawe focusing on skating skills, jumps, and spins. One virtual session was held with Marilyn Langlois focusing on synchro. Coaches were able to learn drills, error detection, and corrective exercises to incorporate into their coaching practice.

### Mentorship:

Our committee developed the Skate Manitoba Coach Mentorship Program this season to foster the development and retention of coaches in our section by developing a sense of community and providing an opportunity for experienced coaches to share their knowledge. Coach Mentorship connects new coaches with an experienced mentor coach who can answer questions and provide guidance as they start their coaching career and aim to meet coaching goals. It's also an opportunity for experienced coaches, who are looking to expand their knowledge in a program or discipline, to connect with a mentor coach who has experience in that program or discipline.

### Coaches Week:

We took the opportunity during National Coaches Week to celebrate and acknowledge the many contributions our coaches make to their skaters, clubs, and communities on our Skate Canada Manitoba Facebook page. We were fortunate to receive many wonderful prize donations to give away to coaches through draws.

#### Coaches Clothing:

Skate Manitoba Coach-branded clothing was available again this season for coaches to purchase.

### Looking forward to 2025-26:

Our committee is excited to offer initiatives to improve and enhance Skate Manitoba coaching recruitment, retention, professional development, and experience in the 2025-26 year. We will be offering Skate Manitoba Coach cards for coaches to track their attendance at professional development opportunities and be entered to win prizes at next year's Coaches AGM. Below are some of the upcoming events and initiatives to look forward to.

### Coaches AGM:

The 2025 Coaches AGM is scheduled for May 4<sup>th</sup> in Winnipeg and will include brunch. Education topics include neurodiversity in sport and a mock panel.

### Coach Recognition:

We are looking to recognize new coaches, and coaches who are furthering their professional development at our Coaches AGM. We ask that Manitoba coaches who have attended the CanSkate, PowerSkate, or Regional NCCP courses and coaches who have obtained their Provincial or National certification this season to self-identify on the Coaches AGM registration. Our goal is to improve recruitment and retention of coaches in our section by welcoming new coaches into our coaching community, where they can find support and resources to complete their certifications, and celebrating coaches who have committed to professional development and completed certification at the Provincial and National level.

### Coach Development Series:

We plan to offer the opportunity to learn from National Certified coaches again this season with a focus on Pairs and Dance disciplines. These education sessions will be offered virtually in the summer/fall 2025.

### Mentorship:

The Skate Manitoba Coach Mentorship Program will run again this season and we will be accepting applications for mentee coaches and contacting mentor coaches in the upcoming months.

### Mental Wellness for Coaches:

A free virtual session will be held for coaches this fall to help coaches recognize the signs of good, declining, and poor mental health in themselves and others, cultivate a safe, supportive environment where mental health can be discussed openly and without judgement or stigma, and improve individual resilience through practicing coping strategies in times of stress to prevent burnout.

### Coaches Week:

Stay tuned for chances to celebrate our Skate Manitoba coaches September 15<sup>th</sup> to 21<sup>st</sup> during National Coaches Week!

### **Remarks:**

A huge thank you to our committee members, who all volunteer their time throughout the year to plan, organize, and put our initiatives into action. Our committee would also like to acknowledge the support we receive from our section staff in the strategizing, planning, and promoting of our events and programming. Feedback from coaches is important to our committee and we encourage coaches to send us comments, questions, and ideas to help guide initiatives. We are always looking for coaches to join our committee as a member or for specific initiatives of interest!

### **Events & Administrative Coordinator Report**

### Submitted by Jason Graetz

The 2024-2025 competition calendar saw more events this season that last. Registration for our events had an increase in participating athletes.

This season the Technology Fee remained \$5.00 per event. Technology has been fast changing and we strive to keep up with the possibilities of what we can offer. This fee goes towards purchases, training, retention, and advances/upgrades when needed. A new website was created as well as improvements to structure and security of the site. The Officials Development fee stayed at \$3.00 per event. These fees go towards training and travel expenses for officials increasing their levels for officiating. Our Section is looking for dedicated and passionate people who are interested in pursuing becoming an official, competitions do not happen without them. An increase in the number of officials in province would benefit

We were able to livestream the first event of the season at the Fall Open + Jr/Sr Sectionals. However, due to uncertainty around music rights a board decision was made to not include audio in the livestream. As the livestream without an audio feed was not compelling for viewership no further events were broadcast as we waited on clarification regarding music rights. We hope to return to livestream for the 2025-2026 season. Interested in learning more about Production? Cameras and Live Streaming (VMix) are fun ways to be involved in competitions. Connect with the office to learn more.

We are so very grateful to our LOC's and hosts this past season for the tremendous job they did welcoming all of us to their clubs and communities. We continue to strive for increased communications with our LOC hosts and increase support.

Skate Manitoba continues to work on offering value at all its events. In response to feedback from last season, timelines were created to ensure registration open/close and schedule releases for events arrived earlier. We continue to listen to feedback and this year have noted many areas where we can make improvements. The dates for the entire season should be available by end of May 2025.

Skate Manitoba was again the host of Skate Canada's Junior Senior Challenge. It takes many people to put on a National event and we cannot thank enough the volunteers who came out that week to make it happen. Special thanks goes out to the LOC committee chairs who took on extra roles that made all the difference to the event and our volunteers.

Once again copious amounts of gratitude goes out to our Section competition hosts, you were all amazing! Thanks goes out to the clubs who held fun events for CanSkate or funskates for STAR, we appreciate your passion and dedication.

Thank you for a great competition season and looking forward to building on what we have learned to provide an even better experience this upcoming year!

### Audio Committee Report

Submitted by Bruce McCausland

This year was a busy year just like the past seasons. We started the season with just 3 of us on the committee. We started the season in Morden in the beginning of November with the Junior/Senior Sectionals and Fall Open. Stan and myself were next at Skate Winnipeg's Super Skate later in November. From there we moved across the city for Skate Canada Challenge the following week.

December found us at Winnipeg Winter Club for Pre Novice/Novice Sectionals & Gordon Linney Open. January took us to Virden for the Virden Fun Skate, where at this competition we recruited our 4<sup>th</sup> team member, Danika to help with audio and video. February we moved to Killarney for Winter Blast. This competition we gained another team member. Taking on the role of announcing we welcomed Rilynn.

March took us to Portage for the Provincial Championships. This event required that we had to use 2 ice surfaces which meant we needed more help. We welcomed Faith to the Announcers and Tal to the video . The next week after Provincials we found another Announcer who comes with some Radio experience, so off to Stony on Ice we went. Here we welcomed Rick to our announcers group.

Kolby attended many of the Skate Canada events this year as a Video Operator and I attended Canada Cup synchro competition as well.

In closing our little team of 3 has now grown to a team of 8.

Looking forward to next season and working with the new team.

**Respectfully Submitted** 

Bruce McCausland- Audio/production Lead

### Data Specialists Committee Report

Submitted by Donna Yee

List of Data Committee: Megan Maxwell – Board Liaison Jason Gaetz – Staff Liaison Donna Yee - Committee Chair Monique Laskovic Barb Nickel Debbie Haney

List of Data Team:		
Denise Smith	Christina Brine	Michael Gnutel
Erin Krokosz	Jon Wang	Rachel Brooks
Lee Fernandes	Kaitlin Smith	Serena Roy
Kirby Hintz	Jody James	

The Data Specialist Committee is an operational committee of the Officials Committee. The Data Committee manages the recruitment, development, promotion, competition assignments, and administration of all Data Specialists in Manitoba.

The data team has been from one side on the province to the other.

We were in Morden for Junior Senior Sectionals and the Fall Open. We got to stay close to home with Super Skate at Johnathon Toews Arena in Winnipeg and Pre-Novice Novice Sectionals and Gordon Linney Open with working at the Winnipeg Winter Club. We saw Virden with Virden Fun Skate and then we went to Killarney for Skate MB Winter Blast and Stride Place in Portage la Prairie for a very busy weekend with Provincial Championships. Our year ended with another successful Stony on Ice in Stony Mountain.

With spending time in each location, we would like to take the time to thank the Local Organizing Committees for helping us with what we need to function.

The Data team has many new faces this year, so we have been busy training our new team members in getting them familiar with the CPC system.

It is expected that in the fall, Skate Canada will be launching their new skating program. When this happens in the fall, the Data team, we will be concentrating on implementing this new system and with training for all Manitoba officials.

### Judges Evaluators Technical (JET) Committee Report

List of JET committee members Diane Brine – Committee Chair Brenda Sokoloski Karren Antymnuik Shelley Meakin Amber Lotz Megan Maxwell – Board Liaison Jason Gaetz – Staff Liaison

- 1. The JET committee is an operational committee that provides recommended direction, oversight and assistance to Skate Manitoba on judging at competitions and assessments in our section in accordance with policies and procedures set out by Skate Canada and Skate Manitoba.
  - a. The following programs were run this year
    - 1. Star 1 4 Event Assessor clinic in June
    - 2. Synchro Judges clinic in August
    - 3. CPC update townhall
    - 4. Star 1-4 update townhall
    - 5. Base Level Technical clinic
    - 6. Technical Officials clinic
  - b. Looking at our strategic plan, the JET committee has accomplished the following:
    - 1. 1 Base level official
    - 2. 4 Technical Specialist & 2 Technical Controllers in Singles
    - 3. 5 new Novice synchro officials
    - 4. 4 new 1-4 Event Assessors
    - 5. Provided town halls to increase expertise of officials
    - 6. Sent 3 officials out of province for further development and exposure
    - 7. 1 official trained for Section Referee
    - 8. Sent 1 official to LF training
  - c. Although we have been able to attract news officials to our section, we are still dealing with official shortage as more experience officials are retiring from the sport.
  - d. 18 assessment days during the season
- 2. Reflection on Strategic Plan of 2020-2025

- a. The JET committee has worked to fulfill the requirements set out in our Strategic plan. We believe that we have accomplished our mandate.
- 3. What can our members look forward to in the 2025-26 season from your committee
  - a. We will be training 2 new LFs. One in Singles and one in Dance. This should make training and promoting officials easier as we will no longer need to go out of section
  - b. We are excited to continue to build on the success of the last few years and grow the number of trained judges, assessors and officials in our section.

### **Technical Director Report**

### Submitted by: Tammy McKay

This has been a very busy year, and I am thrilled to be working with such great people!

There have been many accomplishments within our Section and Our Skaters have experienced many highlights and achievements.

One big game changer for our Manitoba skaters was including an additional competition. The Fall Open included Pre Juvenile to Senior and STAR 5 to Gold. This was a big success in Morden. We saw an increase in consistency with stronger skates at the Pre Novice and Novice Sectionals and Gorden Linney Open once again hosted by Winnipeg Winter Club.

### Skater and Coach Accomplishments:

Congratulations to Breken Brezden who earned an invitation to represented Canada in France at Trophy Metropole Nice Cote d'Azur. Breken achieved a 10<sup>th</sup> place finish. Breken is coached by Jen Jackson and Bryce Davison

Congratulations to David Howes for earning a second straight year on Skate Canada's NEXTGEN TEAM. Davey participated in the NextGen camp in July in Gateau, Quebec. Davey is coached by Keegan Murphy and Eileen Murphy

### Our 2024-2025 Qualifying Competition results:

### 2025 Skate Canada Challenge – Junior/Senior in Winnipeg, MB

Senior Women: Breken Brezden – 7<sup>th</sup> Overall (11<sup>th</sup> in the short program, 5<sup>th</sup> in the Free program)

Junior Men: David Howes – 2<sup>nd</sup> Overall (4<sup>th</sup> in the short program, 2<sup>nd</sup> in the Free program)

Junior Women: Rory Greenbank (who qualified with the internal score) – 29<sup>th</sup> Overall (29<sup>th</sup> in the short program, 27<sup>th</sup> in the Free program) -coached by Patty Hole

### 2025 Canadian National Championships in Laval, Quebec

Senior Women: Breken Brezden - 5th Overall in Canada (7<sup>th</sup> in the short program, 6<sup>th</sup> in the Free program)

Junior Men: David Howes – 3rd in Canada (1<sup>st</sup> in the short program, 10<sup>th</sup> in the Free program)

### 2025 Skate Canda Trophy

Novice Women: Alison Convery – 42<sup>nd</sup> (42 in the short program, 40<sup>th</sup> in the Free program) Achieved QMS -Coached by Pam Parker and Brooklyn Parker

Pre Novice-Women: Sadie Graetz -30<sup>th</sup> (25<sup>th</sup> in the short program, 30<sup>th</sup> in the Free program) Achieved QMS - coached by Alison Harack

Callie Ogal – 37<sup>th</sup> (37<sup>th</sup> in the short program, 35<sup>th</sup> in the Free program) Achieved QMS - 35th -coached by Dana McKee

Pre Novice Men: Nate Greenbank - 36<sup>th</sup> in the short program, withdrew in the Free program due to injury (qualified with the internal score) coached by Patty Hole

### **Programming:**

Two Teams have been established.

Team MANITOBA - our qualifying team

Team TOBA - our development team.

12 Skaters earned their way onto **Team MANITOBA**. Programming started in May 2024 with our Virtual sessions. These included Sport Psych with Nicole Kuzmich, Program Components with Karen Howard, Nutrition with Jorie Janzen, Jump Theory and Jump classes with Kevin Dawe

**Team TOBA** had 26 Skaters qualify and join. Their programming began in August with Virtual sessions.

Both Teams were provided with an in-person meaningful experience opportunity that took place in Winnipeg during the Skate Canada Junior and Senior Challenge. They had different speakers, a back of house tour and a chance to watch Skaters in Singles, Pairs and Dance compete to earn a spot onto Canadians.

It was a big highlight to cheer on our Manitoba skaters!

Both teams have been well supported. Excellent feed back was received with a year end survey that went out to all skaters and their coaches. I have already started to implement some of the feedback into next season.

We will continue with the Virtual education sessions as they were incredibly valuable, successful and appreciated.

For Team Manitoba we are offering financial assistance to any skaters that chooses to compete at an out of Province (excluding MB and SK) with a reimbursement up to \$300.00 for their competition registration fee. The purpose is to encourage more skaters to gain more experience competing in other Provinces with other skaters at their level.

Manitoba Games is happening at the end of next season in March 2026, we have already done several info sessions for skaters, parents and coaches. A skater intent form came out in February, with a deadline in October. We already have 33 skaters signed up at this point.

With getting this information out early we have created interest with several up coming opportunities for the registered Manitoba Games participants. These include lesson opportunity at the Spring Development seminar, training days in May, June and November, a summer simulation chance and an education session with an Official at our September Simulations.

We also have a Coach registration for all coaches interested in coaching a Region Team at the Manitoba Games. We will be working with and supporting these coaches with continued education opportunities. Canada Winter Games is less than 2 years out, happening March 2027. Competition registration reimbursement support is also being offered to all skaters currently at the Pre Novice and Novice level and age eligible. We will continue to plan and offer opportunities this year and next for this group of skaters.

With the next Strat plan goals, we will be offering more LTD (Long Term Development) education opportunities to skaters, coaches and parents. We all need to better understand the benchmarks that Skate Canada has in place and plan accordingly.

Now that I have been in this position for more than a year, I feel I am reaching more skaters, coaches and parents. I am excited about all the initiatives that are being planned, and I will remain focused and dedicated to continual improvements.

I am so appreciative to the committee chairs and their committees I get to work with. Pam Parker, Amy Jackson and Michelle Janz are amazing leads who are dedicating their time and expertise to provide all our skaters' additional opportunities. I am also grateful for the work Jason Graetz does for our organization. Knowing he is a problem solver and amazing at what he does is such an advantage for everyone involved.

It continues to astound me just how much happens on any given day in the office. I am in awe of not only the amount of work that gets done, but the passion that is invested into the decisions that makes skating better in our Province. I know for a fact that I can do the work I am given due to the leadership and direction I receive from our Executive director Rosalyn Bauer. Rosalyn guides, directs and connects all of us. Her relationships with Skate Canada, Sport Manitoba, Skate Manitoba Chair, Executive and Board of Directors have set such a strong foundation for all of us to keep moving forward.

In closing, I would like to express how proud I am to be working with and for Skate Manitoba.

Respectfully submitted by:

Tammy McKay

Technical Director Skate Manitoba

### Learn to Train Committee Report

Submitted by Amy Jackson

Members for 2024-25 season:

Amy Jackson, Kyla Itterman, Kaitlyn Dyck, Teddi Garvey, Asten Smith, Tammy McKay

As a committee, we commit to offering fun and engaging sessions for our Learn to Train + Skate for Life athletes. We do our best to constantly push ourselves within our financial limits to offer fun ideas, bring in new clinicians as well as looking within our province and utilize the wealth of knowledge at home as well.

Meetings held for the 2023-24 season:

June 11, July 2, August 6, September 3, October 1 + 29, December 3, January 7, February 4, April 8.

### Programming held in the 2023-24 season:

#### Jeff Buttle Seminar

Three day seminar for skaters, one day for Train to Train, one day for STAR 1-5, and one day for adult skates. We had two on-ice clinicians for Star + Adult [Jeff Buttle + Nicole Burt]. Weekend was a success, we had 26 skaters + 9 coaches on Friday [TTT], 72 LTT skaters + 19 coaches on Saturday [LTT] as well as 16 adult skaters on Sunday. We offered off-ice sessions such as Dare to Care programming, dance, a virtual off-ice spin class + nutrition throughout the three days. Overall our off-ice programming was well received, unfortunately the virtual session was hard to hear and therefore hard for the skaters to follow and keep engaged. We were thrilled to see social media coverage on the Skate MB stories throughout the three days, however were disappointed that only the Train to Train session was featured on social posts.

### **Synchro Monitoring**

Five teams registered for our Annual Synchro Monitoring in Portage. Unfortunately, due to winter weather, only one of five teams were able to participate in person. Karen Ballinger and Amanda Jassman provided feedback to the team who attended, along with virtual feedback from videos provided by the other 4 teams. Portage arena only charged for the ice used, which was very generous.

### **Adult Virtual Sessions**

We had Meagan Duhamel run two virtual off-ice sessions. We had low registrations of 4 for session one, and 5 for session two. We will not be continuing with these sessions next season.

### **STAR Seminar**

We offered two STAR seminars this past season, one in the east [Morris] and one in the west [Rivers]. We had Patti Hole as our on-ice clinician. She also brought with her Team TOBA members Ainslee McGregor and Nate Greenbank. We also had Manitoba Theatre for Young People as well strength & conditioning with Ryan Lewis + Synchro with Connexion. Unfortunately we had to cancel our Morris seminar due to winter weather conditions. That being said, a great day in Rivers was had by all. We had 60 skaters registered for Rivers and 16 for Morris.

### STAR Virtual Sessions.

Our virtual STAR sessions were led by FLEXAFIT trainers. Low registration and participation. We will not be continuing these sessions next season.

### Programming planned for 2024-25

Come Skate with Us – November 1+2 in Portage Synchro Monitoring – December, date and location TBA Star Seminar #1 – January – potential locations Morden, Pilot Mound Star Seminar #2 – January - potential locations Minnedosa, Killarney

### Train To Train Committee Report

Submitted by Pam Parker

Chair: Pam Parker Section Staff: Tammy Mckay Board Member: Asten McGill Members: Tanya Pilat, Brooklyn Parker

Committee Meetings:

- 1. April 19, 2024
- 2. June 12, 2024
- 3. July 17, 2024
- 4. Aug 28, 2024
- 5. September 11, 2024
- 6. October 30, 2024
- 7. November 20, 2024
- 8. December 18, 2024
- 9. January 22, 2024
- 10. February 19, 2024
- 11. March 12, 2024

The Train to Train Committee plans and delivers development and training opportunities for figure skaters participating in the Performance Pathway in Manitoba, ensuring opportunities align with Skate Canada's Long Term Development and the Strategic Plan.

#### Train to Train Committee's Initiatives 2024-2025

#### 1. Simulations:

Location: Portage La Prairie, MB
Date: September 14 & 15, 2024
Overview:
32 athletes registered from the Star 6 to Junior levels

We brought in 1 out-of-province official and 1 Technical Specialist to offer feedback and insight on skaters' elements and programs.

The event was a success, providing skaters with ample time and interaction with officials allowing them to receive in valuable feedback to support their development.

Robyn Forsyth led a bonus session for skaters on Sunday on "Maximizing their Points" for the upcoming season.

One highlight of the Simulation event was that registration nearly doubled in comparison to the previous year, reflecting significant growth and increased interest.

### 2. Virtual Training

Location: Online
Date: August – February, 2024
Overview:
Conducted eight Virtual Training Sessions catering to Star 6 - Gold level skaters.

Sessions offered included Jump Theory, Nutrition, a session by Karen Howard on understanding the interruption rule, Sport Psychology and Dance.

Skaters had the option of signing up for 4 Sport Science Sessions, 4 Dance Sessions or all 8 at a discounted rate

The sessions were very informative but registration and attendance low and some communication mishaps and rescheduling of a couple of sessions we have decided to move away from this programming in our next budget.

### 3. Come Skate With Us Fall Seminar

Location: Portage La Prairie, MB

Date: October 25, 2024

### **Overview:**

Together with the Learn to Train Committee, we organized a one-day skater development seminar with clinician Jeffrey Buttle, focusing on skating skills and performance as the main goals of the seminar.

On-Ice sessions focused on body movement while skating, creative movement, skating skills, jump preparation exercises, jumps and spins

Off ice sessions included on Flexibility led by Veronica Gould, Nutrition led by Jorrie Janzen and Anti-bullying led by the Dare to Care organization.

We had 27 skaters, and 14 coaches attend.

### Upcoming Initiatives 2024-2025:

### **Spring Training Seminar:**

Location: April 13-14, 2024 – Morden, MB.

We hosted a 2-day seminar for Pre-Juvenile to Senior and Star 5-Gold athletes. The purpose of our Spring Training Seminar was to facilitate the development of new skills and techniques in accordance with the appropriate timing for the athletes' yearly training plan.

Jen Jackson from the Hamilton Skating Club was our clinician, and she was accompanied by Novice Ladies competitor Quinn Starkel was the demonstrator.

Jen and Quinn led the on-ice sessions which included exercises to improve jump, spin and basic skating technique.

The off-ice sessions included Yebin Mok focusing on skating skills, posture, extensions, and dance articulation; Deidre Shrek leading skipping and spinner exercises; Brooklyn Parker guiding flexibility and mobility training; and Kailey Thiessen teaching ballet, all contributing to the well-rounded development of the skaters.

Skaters who had declared their intent to compete in the Manitoba Winter Games, Canada Games eligible athletes and Team Manitoba members who had registered for both days of the seminar were given the opportunity to work one on one or in small groups with the clinician for extra individual support.

42 skaters and 18 coaches attended the seminar over the 2 days which was an increase from last year

This seminar was well received by skaters and coaches. Having the same clinician for the second year proved invaluable, as it reinforced consistency in the exercises. The off-ice sessions were aligned with the on-ice training messages, creating a cohesive development experience for the skaters.

#### Summer Simulations:

Location: – July 18, 2025 - Seven Oaks Arena, Winnipeg, MB

This new initiative aims to provide skaters with an invaluable performance opportunity early in the season, giving them a head start as they prepare for the competitive year ahead. The initiative also includes a dedicated training session for Manitoba Winter Games athletes, providing them with essential ice time during months when their clubs may not be offering programs.

### Fall Simulations:

Location: Portage La Prairie, MB - September 14 & 15, 2024.

### Come Skate With Us Fall Seminar:

### Location: TBD - Date: TBD

One-day seminar focusing on key areas of performance enhancement, including jump and spin technique, skating skills, and off-ice classes.

A would like to extend a heartfelt thank you to the Train-to-Train Committee for their commitment, enthusiasm, and the meaningful impact they've made in supporting and advancing skating in Manitoba. Your hard work and dedication are truly appreciated.