



Team TOBA

Our Development Team

2025-2026
Criteria & Programming



Criteria:

* Age Requirement:

Must be **13** and under as of
July 1st 2025



Team TOBA



Criteria:

*** Achieve the Skate Canada assessment for the level**

*** Complete and Submit a Yearly Training Plan**

Criteria as set out by Skate Canada for:

SINGLES - Pre Juvenile, Juvenile and STAR 5 and Up

As well as Pre Novice who have not yet attained the Internal Qualifying Minimum Score

Criteria as set out by Skate Canada:

DANCE- one partner must have a STAR 5 Dance assessment

PAIRS - one partner must have a STAR 5 Free Skate assessment

Synchro - must have passed a STAR 5 in any discipline and on a Team that receives a report card

Submit a Yearly Training Plan (YTP) to the Technical Director by September 30th, 2025
skate.td@sportmanitoba.ca

Programming:

* 8 Virtual Sessions

(first class is scheduled for August 14th)

Complete schedule will be shared in your Welcome letter

Our focus is to provide inclusive quality programming according to the LTD (Long Term Development)

3 - Sport Psych sessions with Angie Fan

2 - Nutrition sessions with Jorie Janzen

2 - Off Ice JUMP classes with Kevin Dawe

1 - Off Ice EDGE class with Yebin Mok



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Programming:

“How does it work and Who
does What on the Panel?”
- Classroom session

We will be joined by an Official
and a Technical Specialist to
explain what happens on the
panel.

This will take place at
Simulations in Portage in
September.



Programming:

Strength and Conditioning

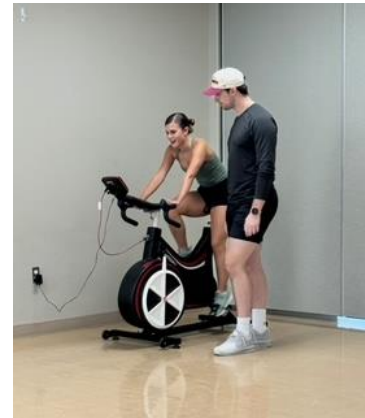
FITNESS TESTING

Opportunity:

- + At the Sport Manitoba building in Winnipeg
- + Time - TBD



Team TOBA



New...
Programming:

Talent Identification Program:

This initiative is in effort to support both Skater and Coach.

Coaches are encouraged to nominate skaters through email to the Technical Director if their skater(s) are starting to reach LTD benchmarks.

Monitoring can be in person or online. Contact Tammy McKay for more information.



**Team
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Team TOBA Team Swag:

Each Team TOBA member will receive
a 2025-2026 t-shirt

We're excited for
another great
season filled
with
opportunities!



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